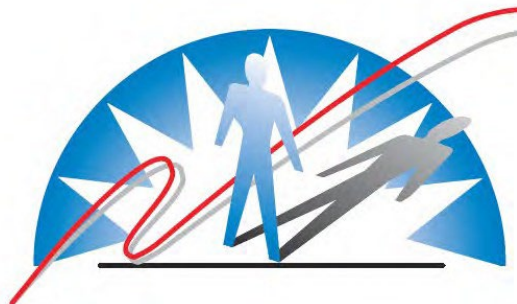


# 2025 Montana Youth Risk Behavior Survey



## Trend Report (2005-2025)

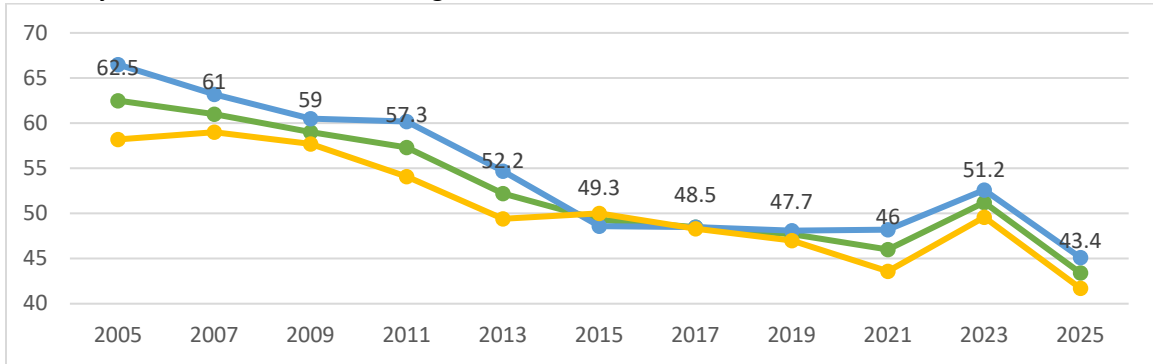
Youth Risk Behavior  
Survey Program  
Coordinated School  
Health Unit April 2025

## 2023 Montana Youth Risk Behavior Survey Results 10-Year Trend Charts (2005-2025)

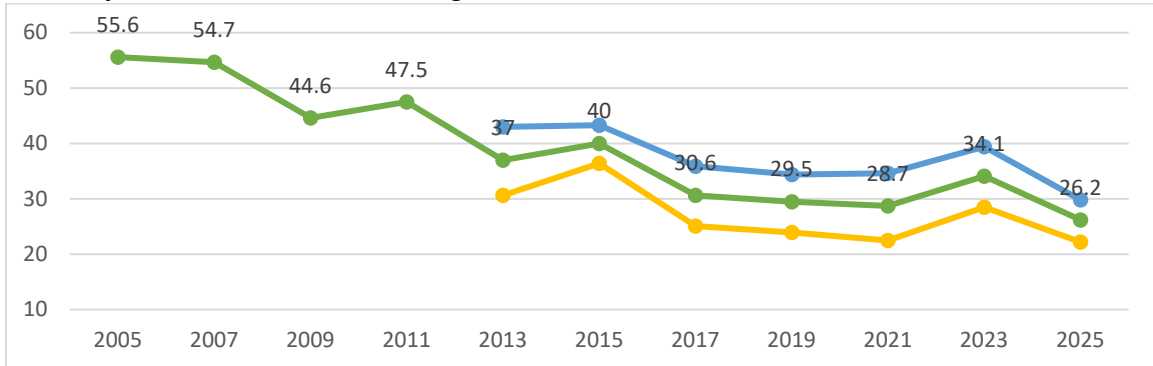
| Key           |  |
|---------------|--|
| Montana State |  |
| Male          |  |
| Female        |  |

### 1. Unintentional Injuries and Violence

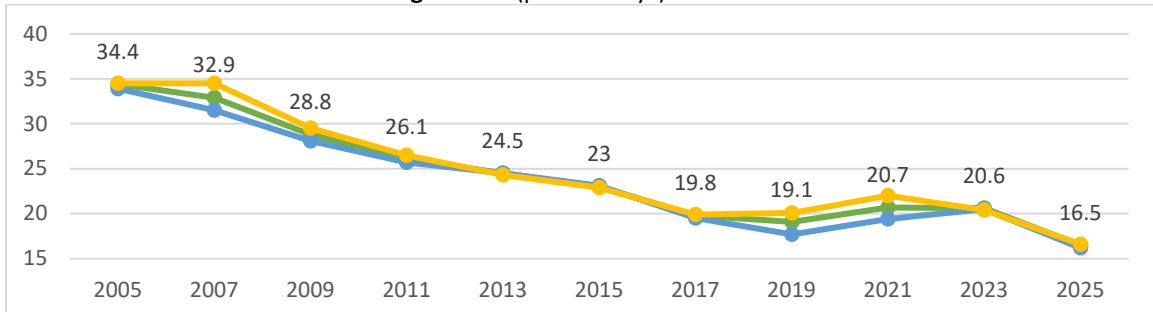
**Did not *always* wear a seat belt when riding in a car**



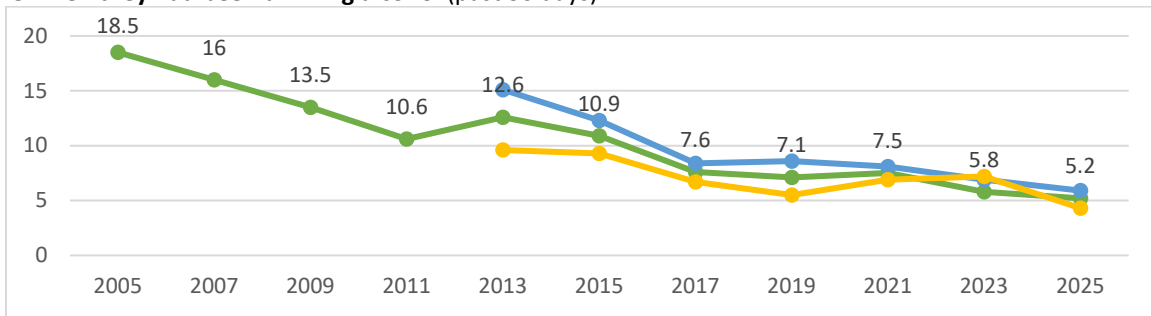
**Did not *always* wear a seat belt when driving a car**



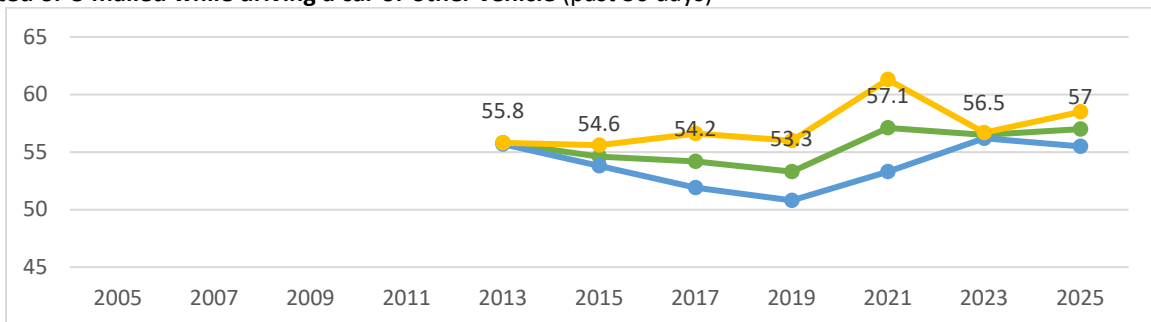
**Rode with a driver who had been drinking alcohol (past 30 days)**



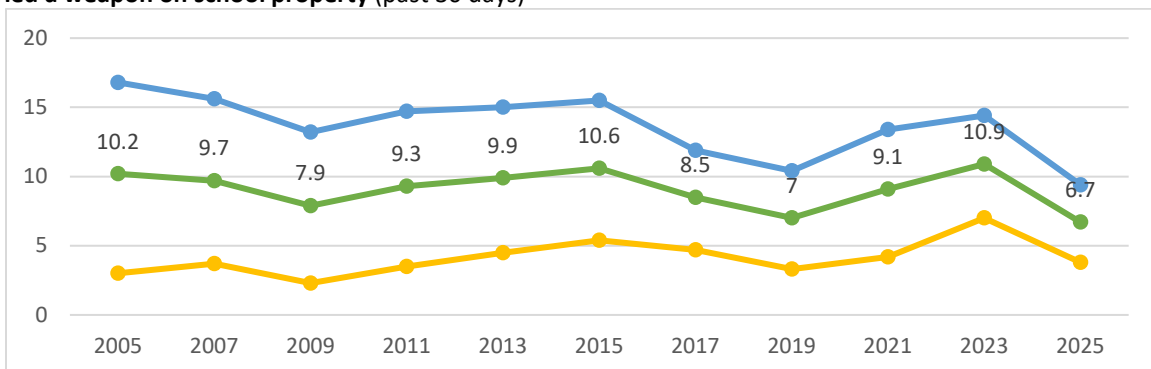
**Drove when they had been drinking alcohol (past 30 days)**



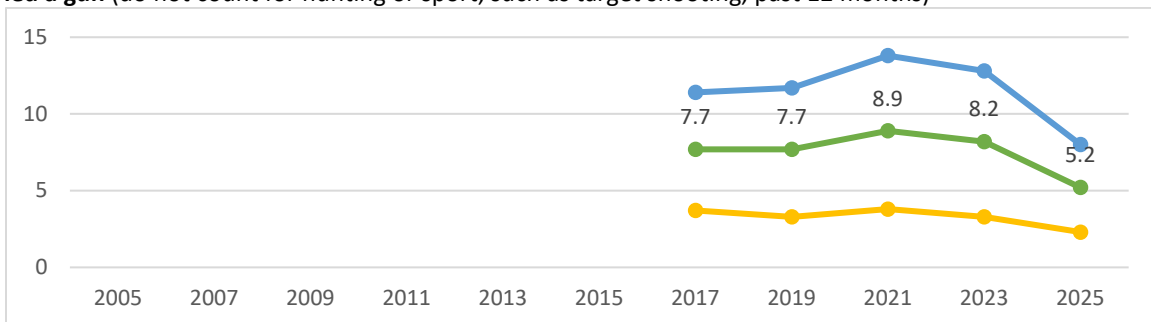
**Texted or e-mailed while driving a car or other vehicle (past 30 days)**



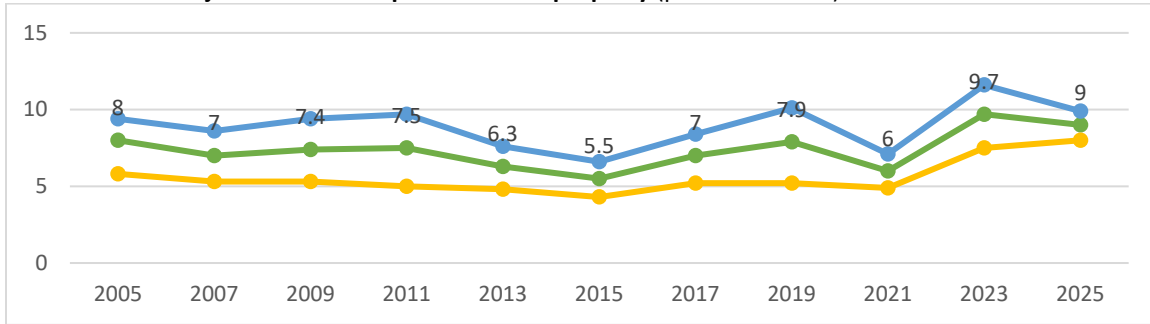
**Carried a weapon on school property (past 30 days)**



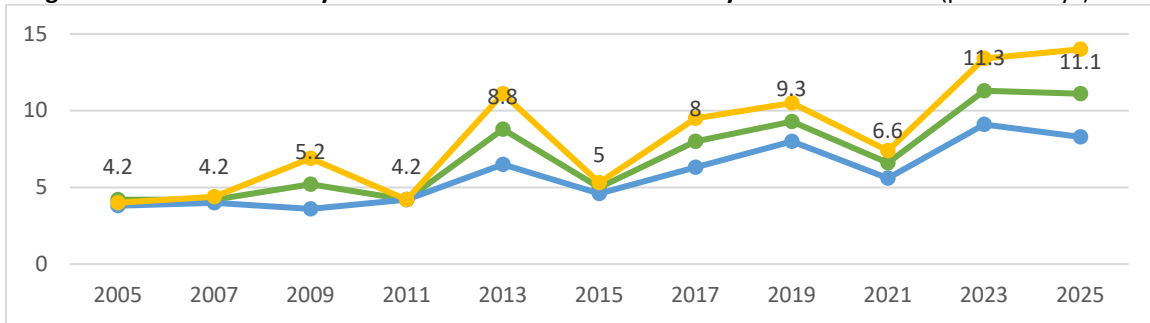
**Carried a gun (do not count for hunting or sport, such as target shooting, past 12 months)**



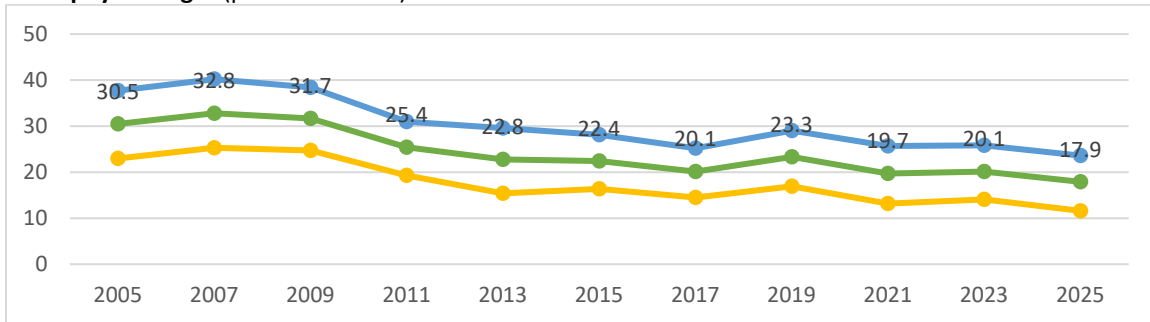
**Were threatened or injured with a weapon on school property (past 12 months)**



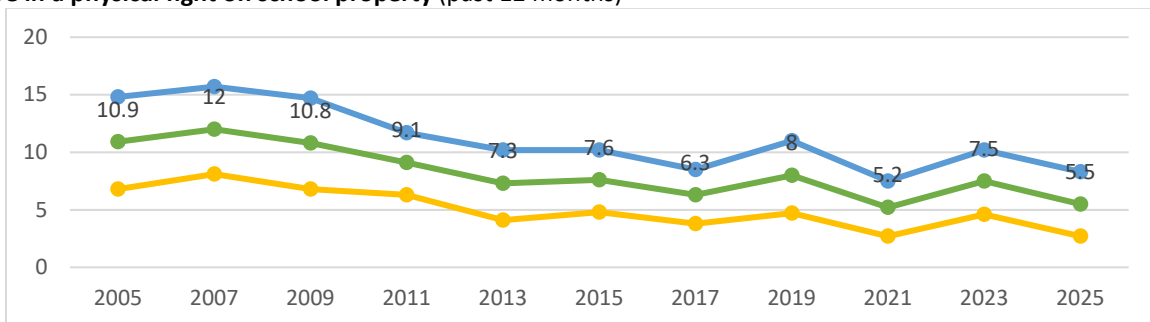
**Did not go to school because they felt unsafe at school or on their way to or from school (past 30 days)**



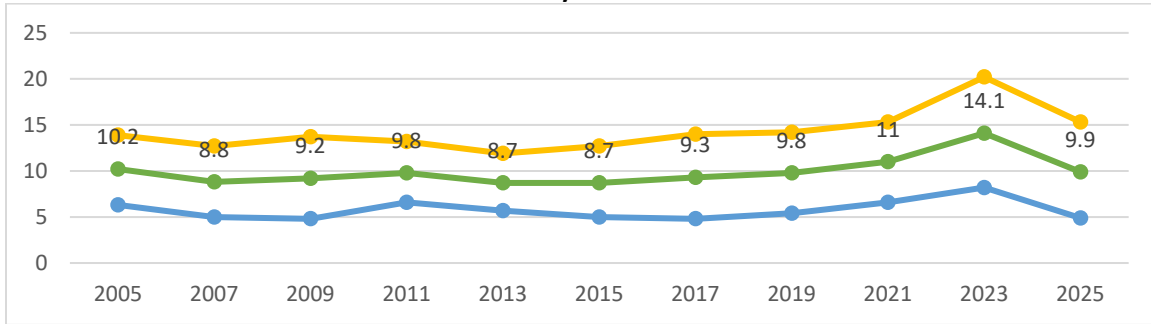
**Were in a physical fight (past 12 months)**



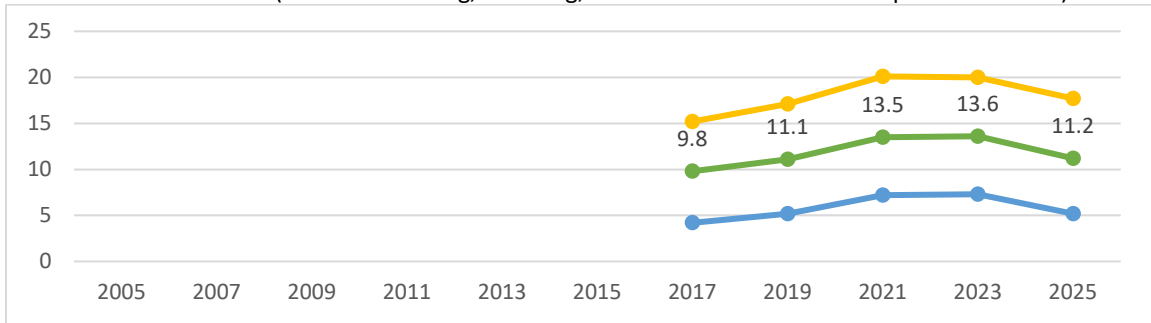
**Were in a physical fight on school property (past 12 months)**



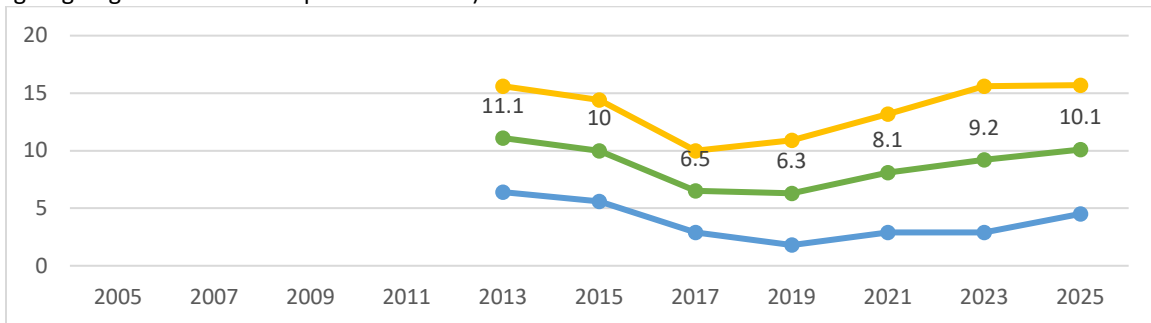
**Were ever forced to have sexual intercourse when they did not want to**



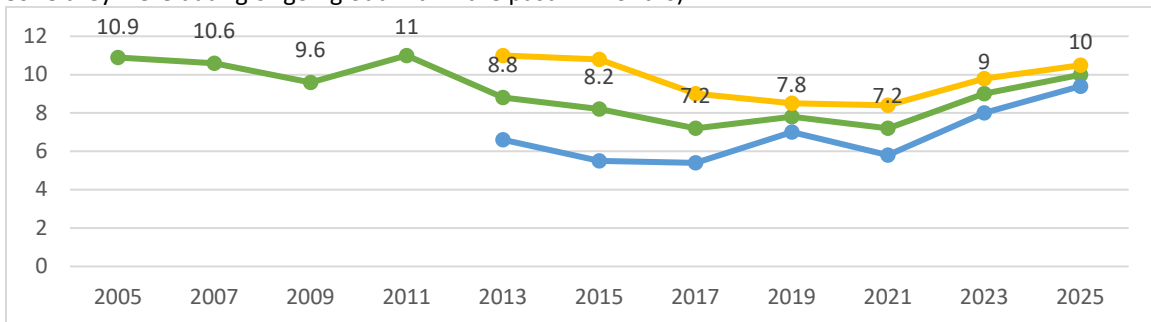
**Experienced sexual violence (unwanted kissing, touching, or sexual intercourse in the past 12 months)**



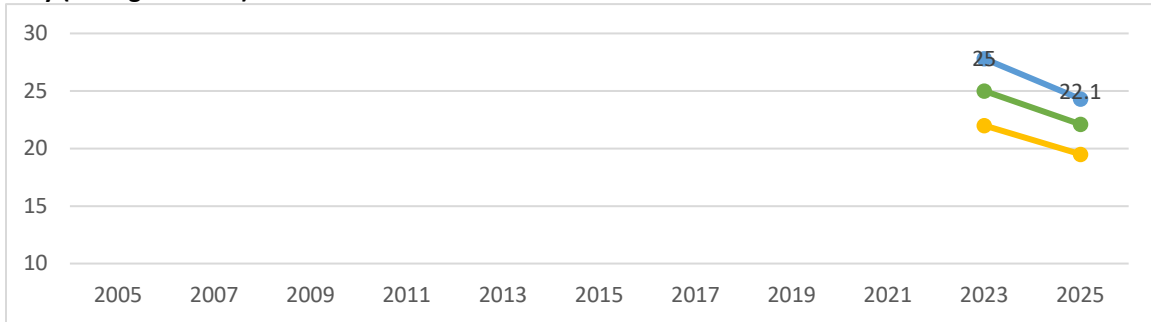
**Experienced sexual dating violence (unwanted kissing, touching, or sexual intercourse by someone they were dating or going out with for the past 12 months)**



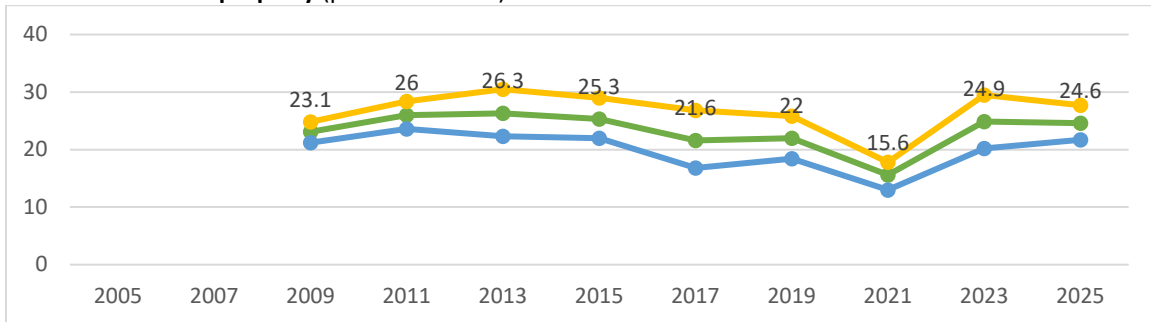
**Experienced physical dating violence (being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out within the past 12 months)**



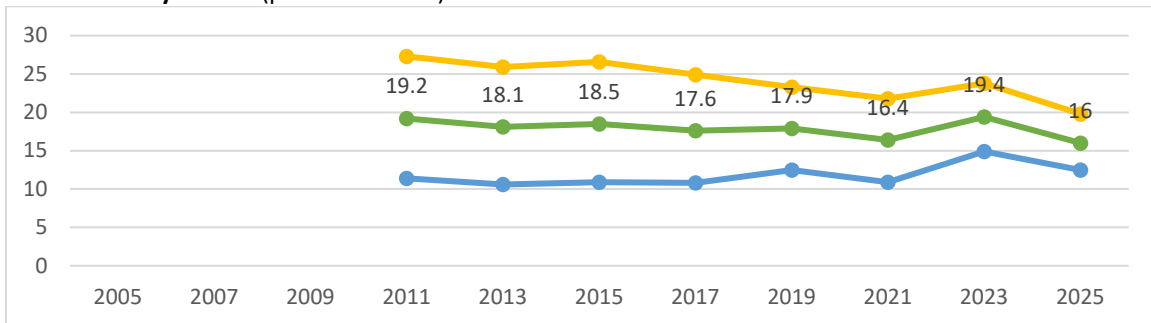
**Percentage of students who felt that they were ever treated badly or unfairly in school because of their race or ethnicity (during their life)**



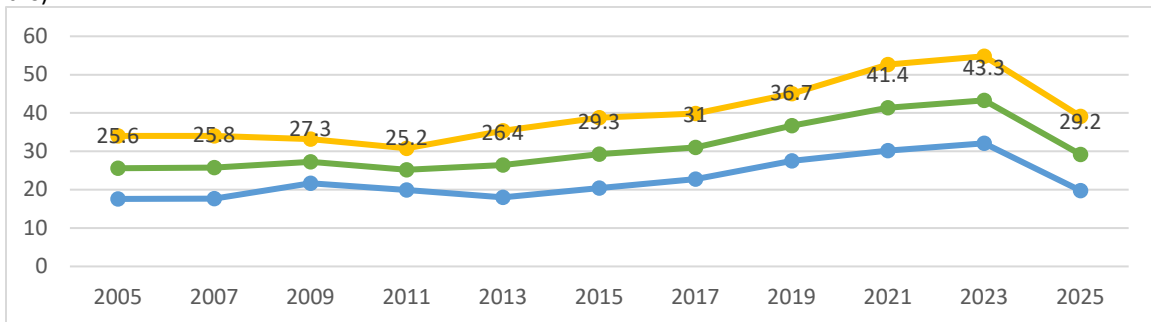
**Were bullied on school property (past 12 months)**



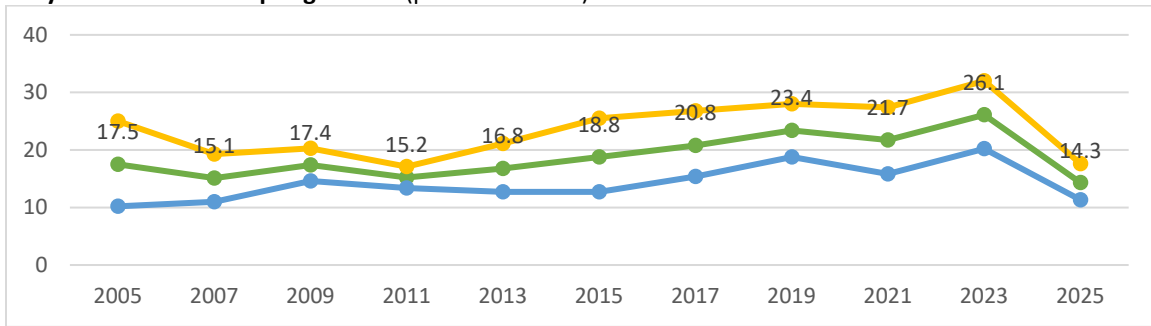
**Were electronically bullied (past 12 months)**



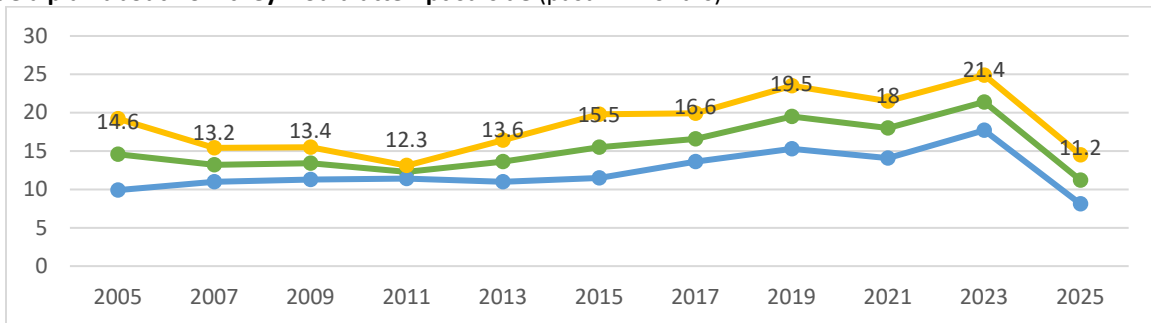
**Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities (past 12 months)**



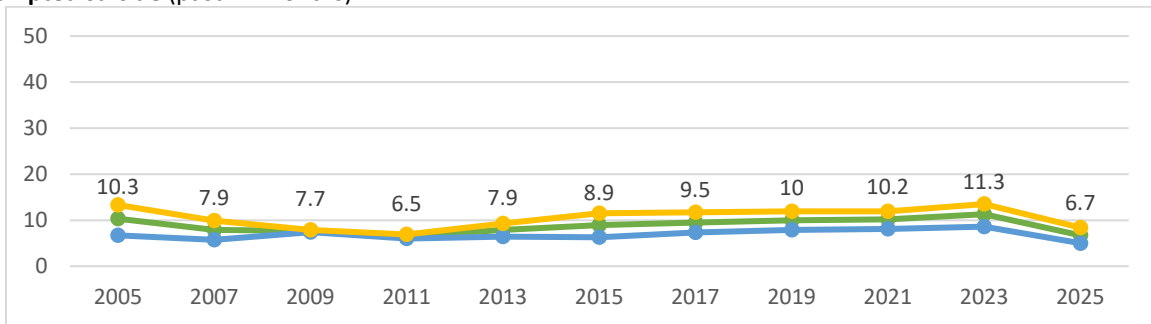
### Seriously considered attempting suicide (past 12 months)



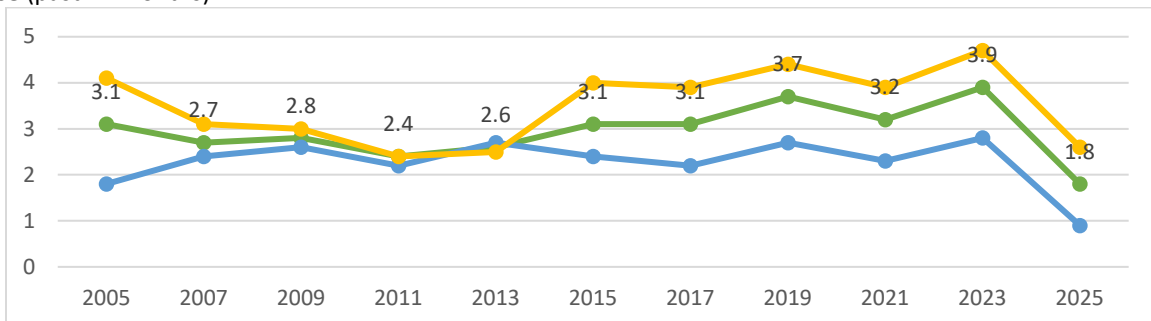
### Made a plan about how they would attempt suicide (past 12 months)



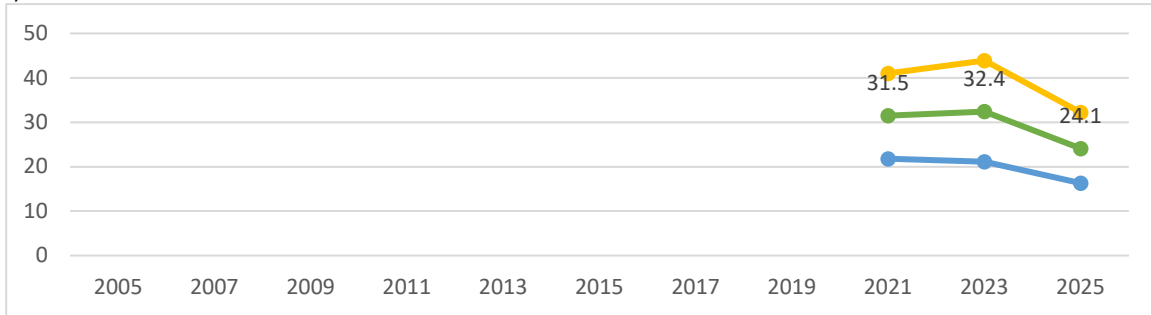
### Attempted suicide (past 12 months)



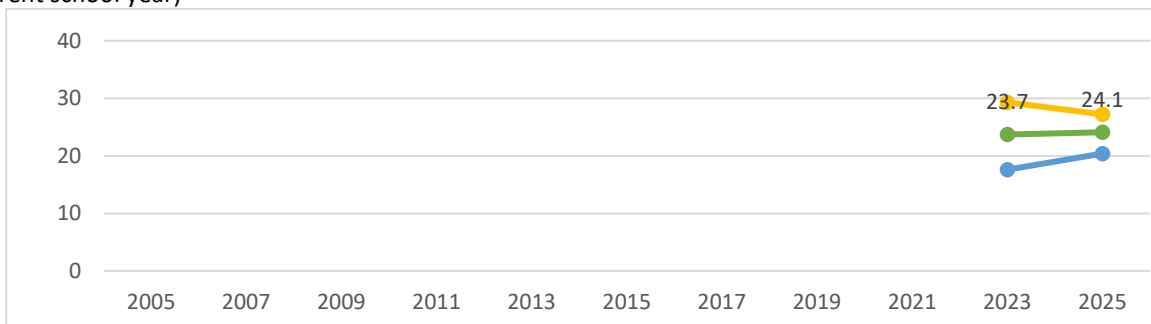
### Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)



**Reported poor mental health most of the time or always, could include stress, anxiety, and depression (past 30 days)**

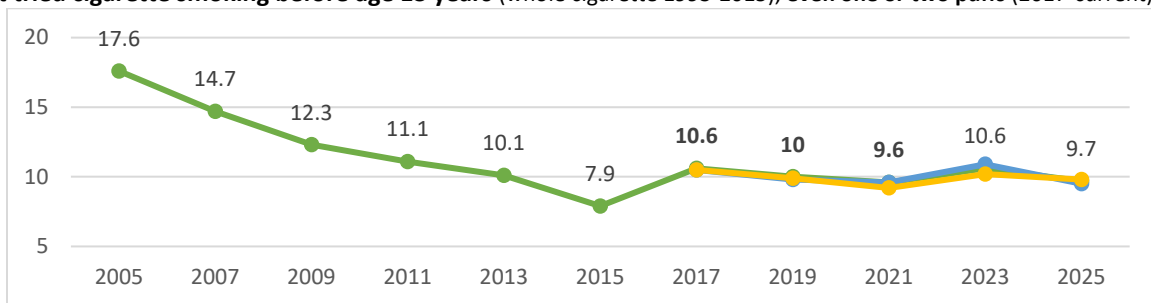


**Spoke with a mental health provider at school, such as a counselor, psychologist, or social worker (during the current school year)**

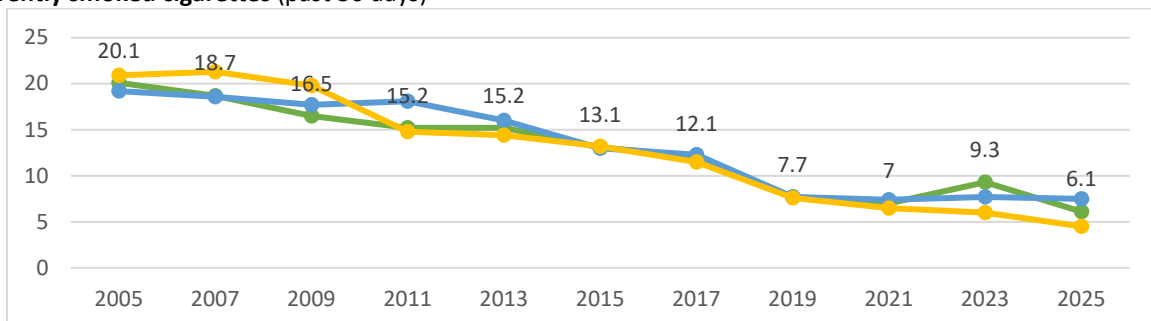


## 2. Tobacco Use

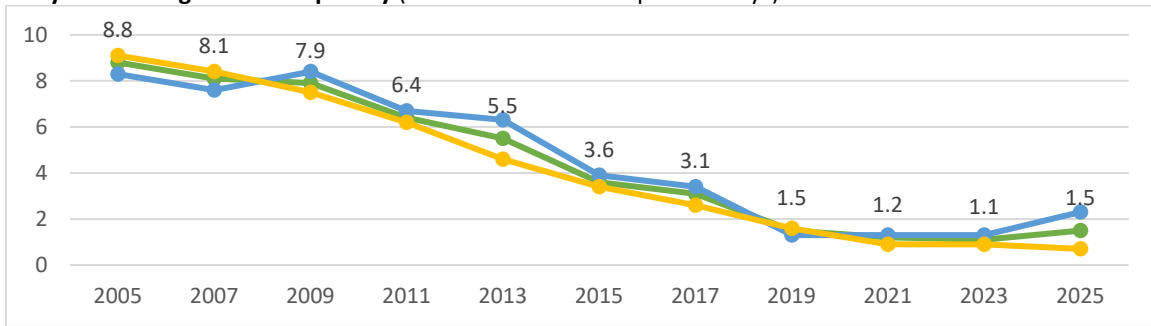
**First tried cigarette smoking before age 13 years (whole cigarette 1993-2015), even one or two puffs (2017-current)**



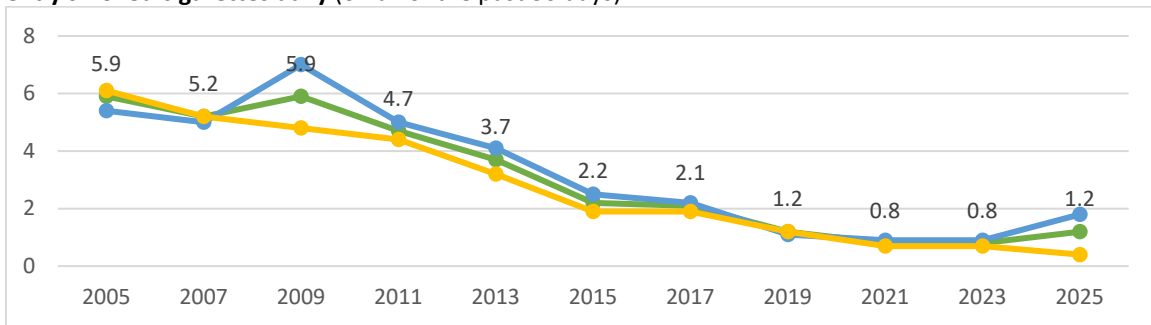
**Currently smoked cigarettes (past 30 days)**



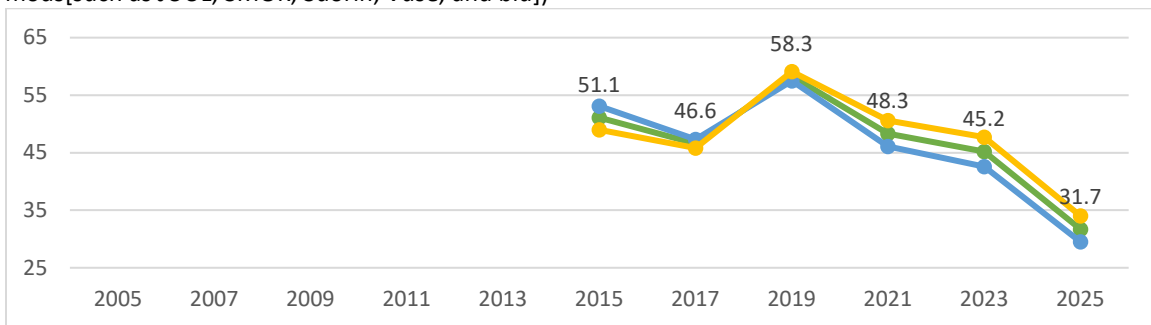
**Currently smoked cigarettes frequently** (on 20 or more of the past 30 days)



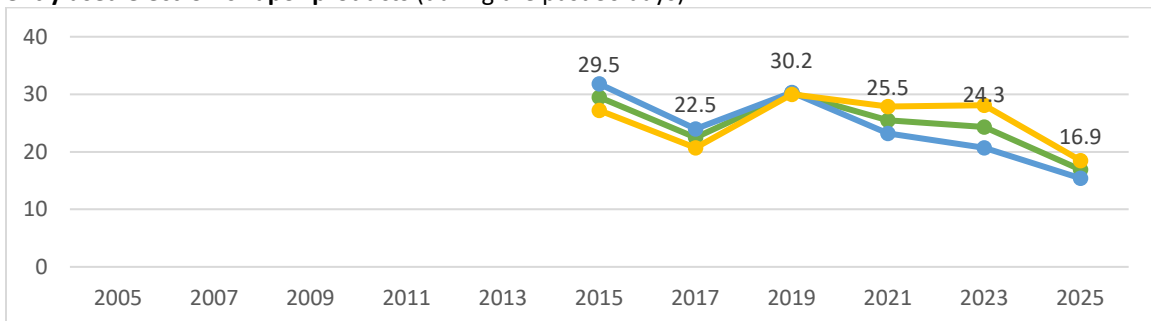
**Currently smoked cigarettes daily** (on all of the past 30 days)



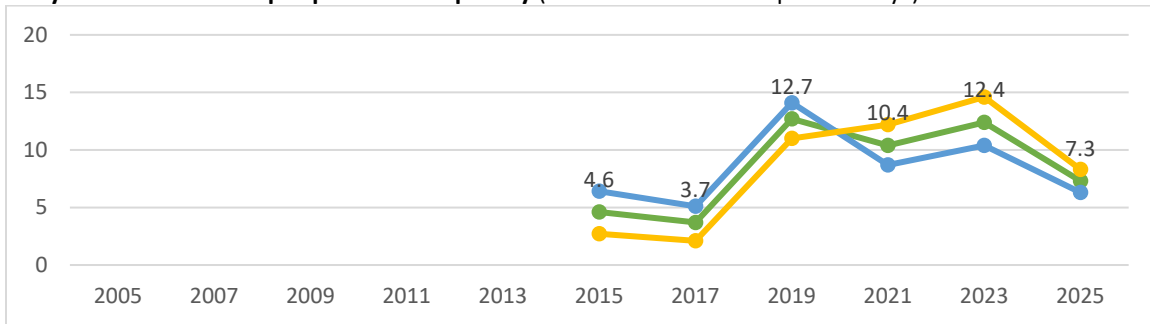
**Ever used electronic vapor products** (Including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods[such as JUUL, SMOK, Suorin, Vuse, and blu])



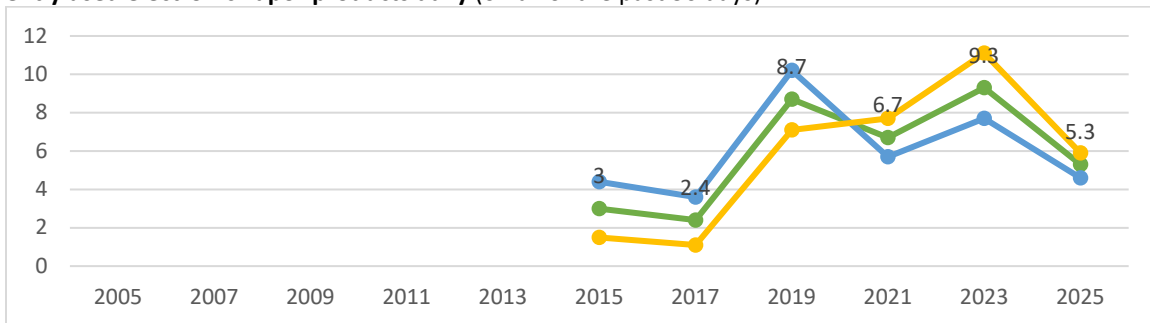
**Currently used electronic vapor products** (during the past 30 days)



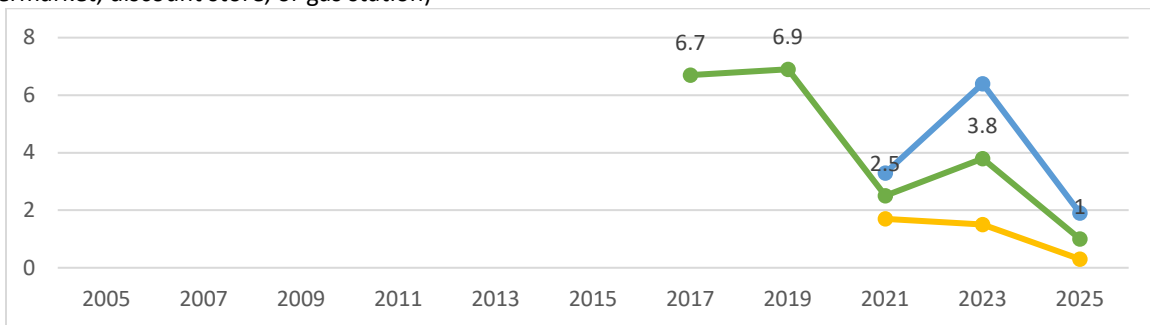
**Currently used electronic vapor products frequently (on 20 or more of the past 30 days)**



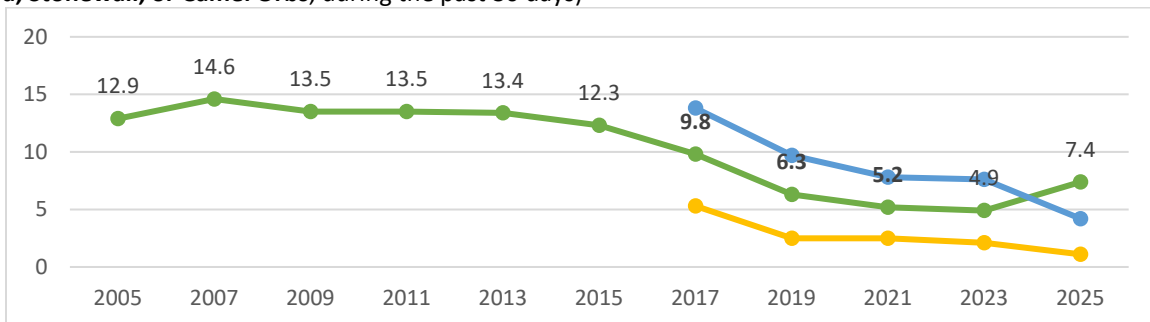
**Currently used electronic vapor products daily (on all of the past 30 days)**



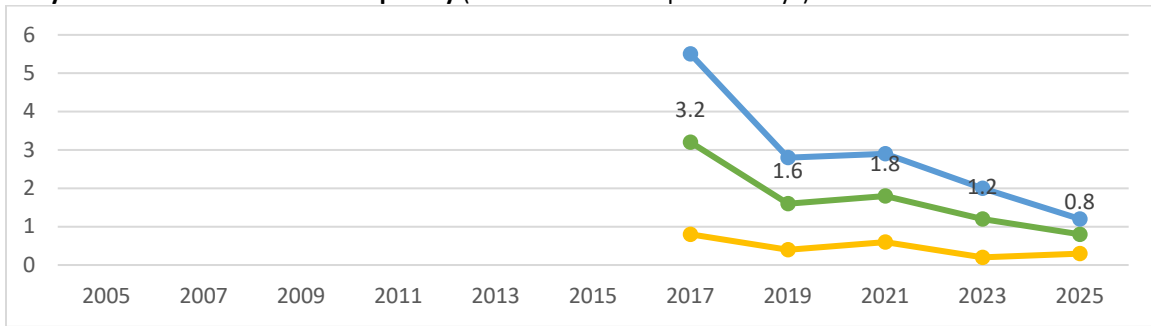
**Usually, they get their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, or gas station)**



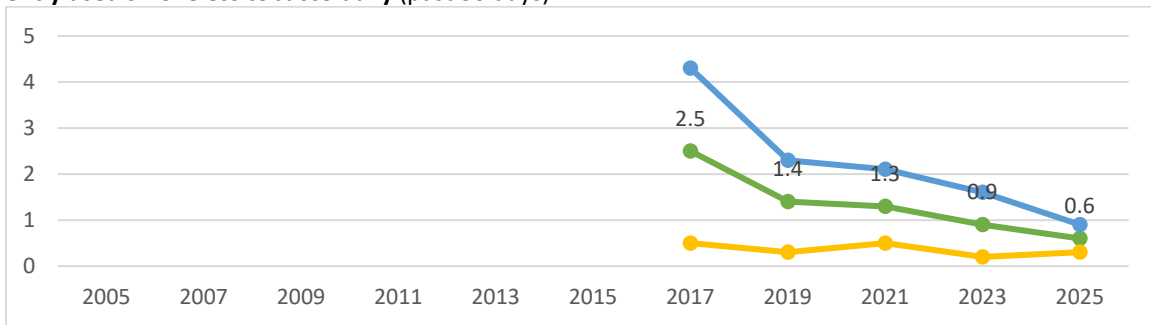
**Currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, **Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs**, during the past 30 days)**



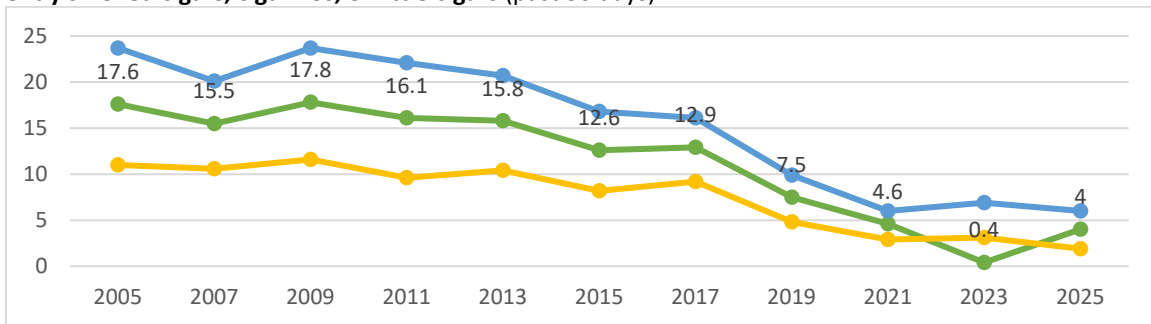
**Currently used smokeless tobacco frequently (20 or more of the past 30 days)**



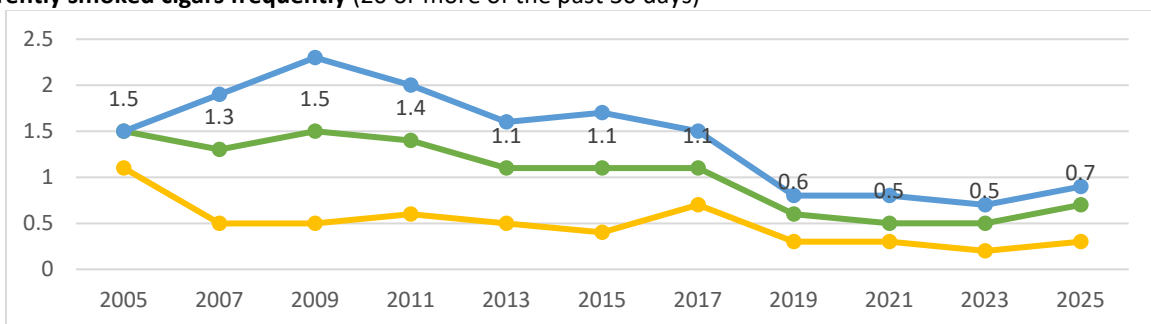
**Currently used smokeless tobacco daily (past 30 days)**



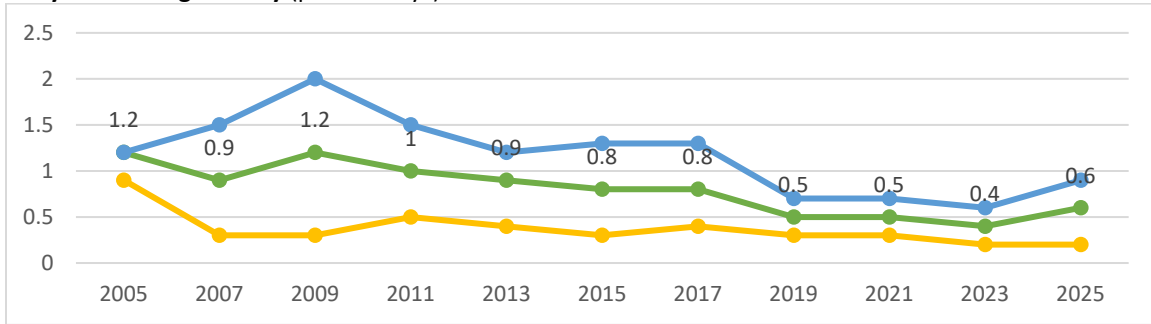
**Currently smoked cigars, cigarillos, or little cigars (past 30 days)**



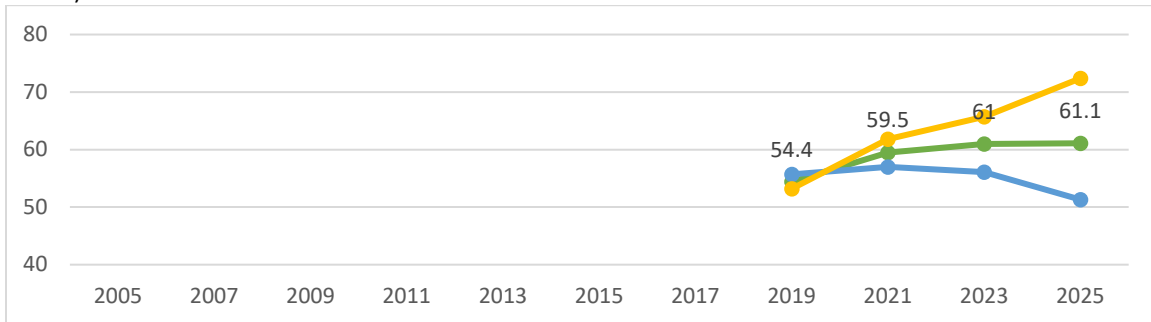
**Currently smoked cigars frequently (20 or more of the past 30 days)**



**Currently smoked cigars daily (past 30 days)**

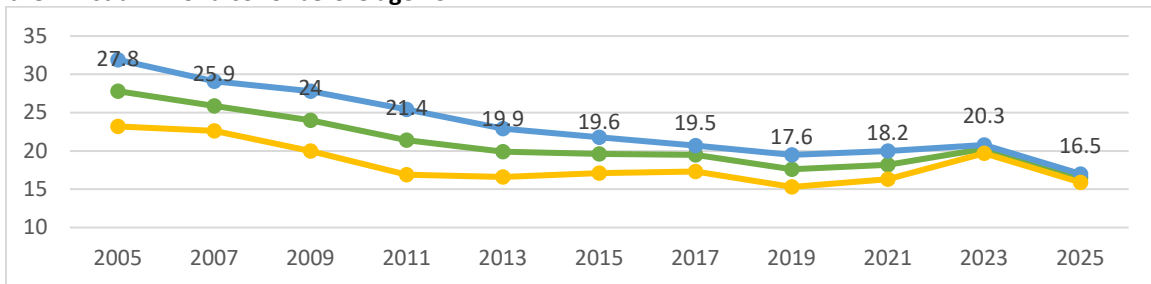


**Tried to quit using all tobacco products (cigarettes, cigars, smokeless tobacco, or electronic vapor products, past 12 months)**

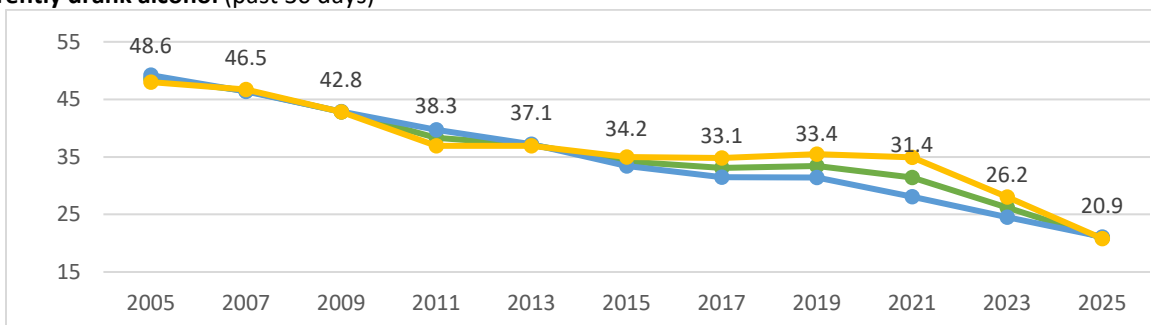


### 3. Alcohol and Other Drug Use

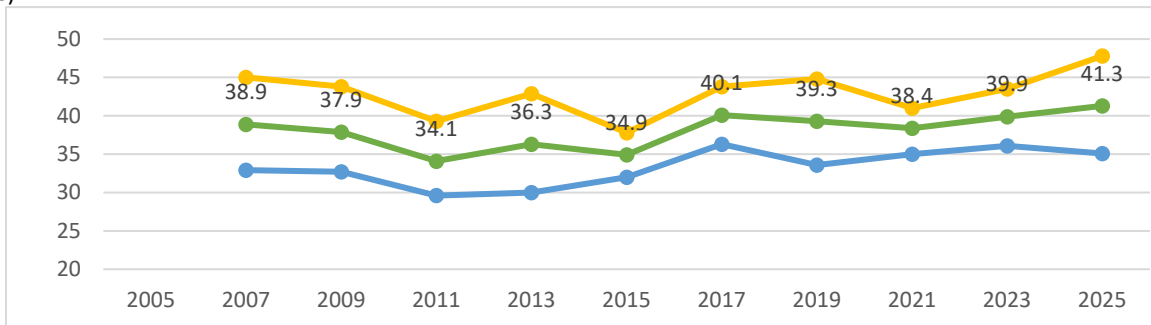
**Had their first drink of alcohol before age 13**



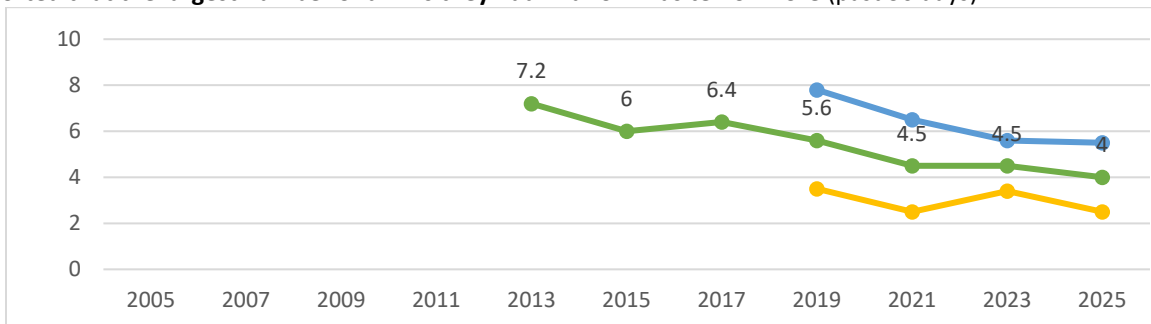
**Currently drank alcohol (past 30 days)**



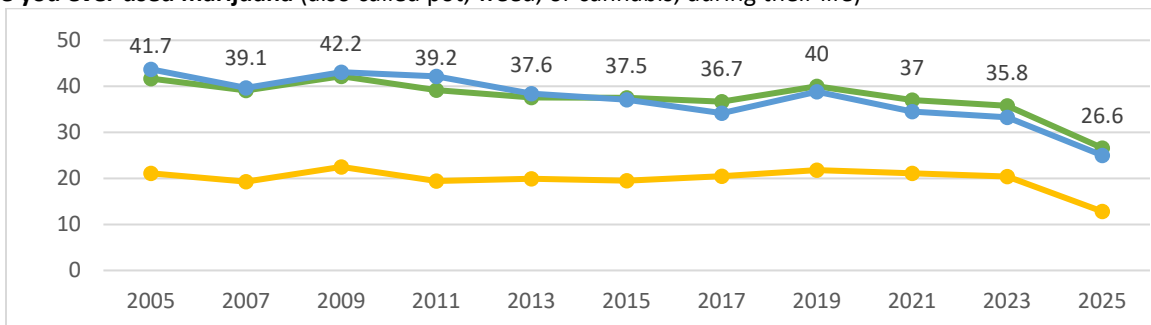
**Of those who reported drinking, usually obtained the alcohol they drank by someone giving it to them (past 30 days)**



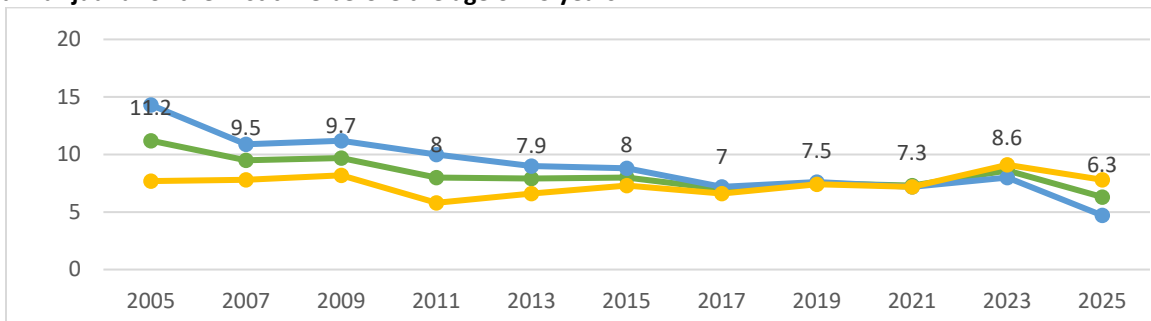
**Reported that the largest number of drinks they had in a row was ten or more (past 30 days)**



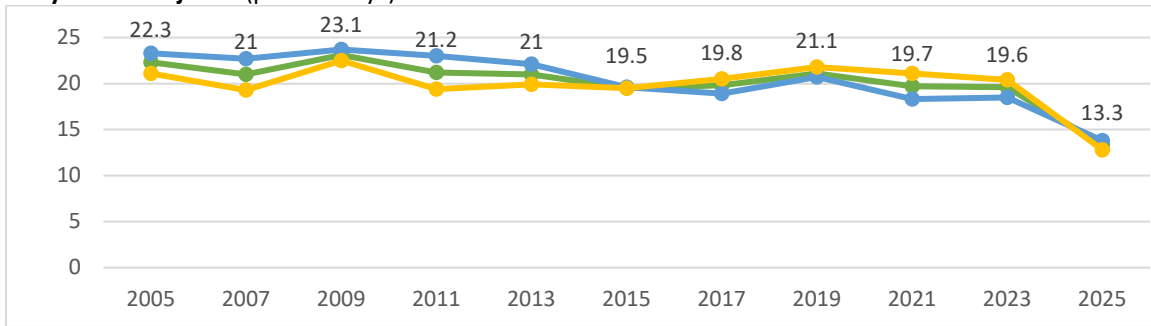
**Have you ever used marijuana (also called pot, weed, or cannabis, during their life)**



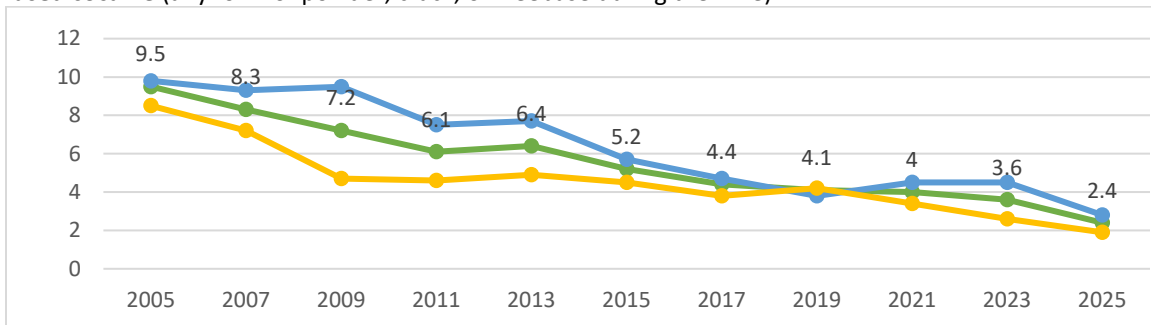
**Tried marijuana for the first time before the age of 13 years**



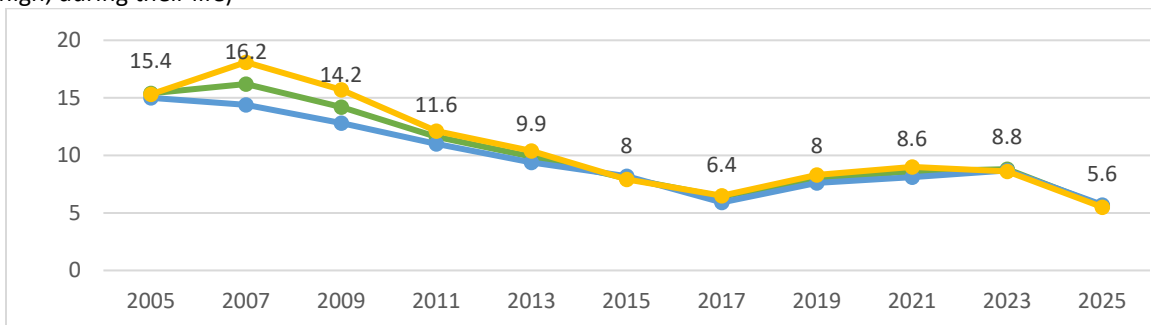
### Currently used marijuana (past 30 days)



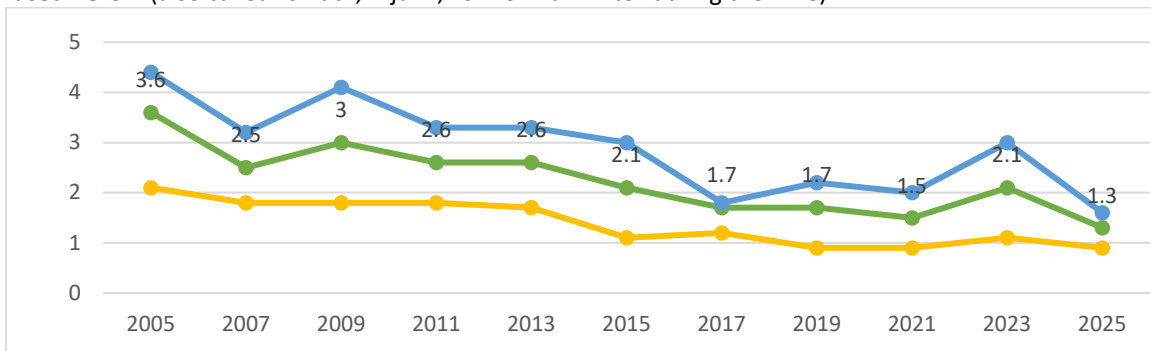
### Ever used cocaine (any form of powder, crack, or freebase during their life)



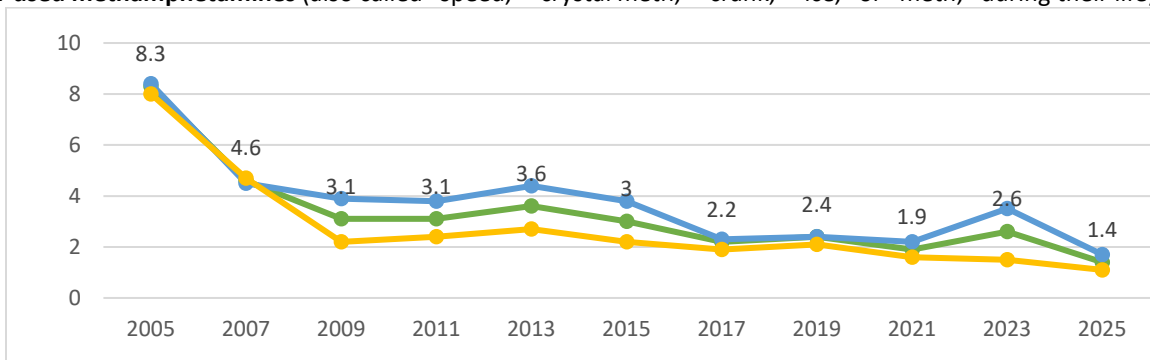
### Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, during their life)



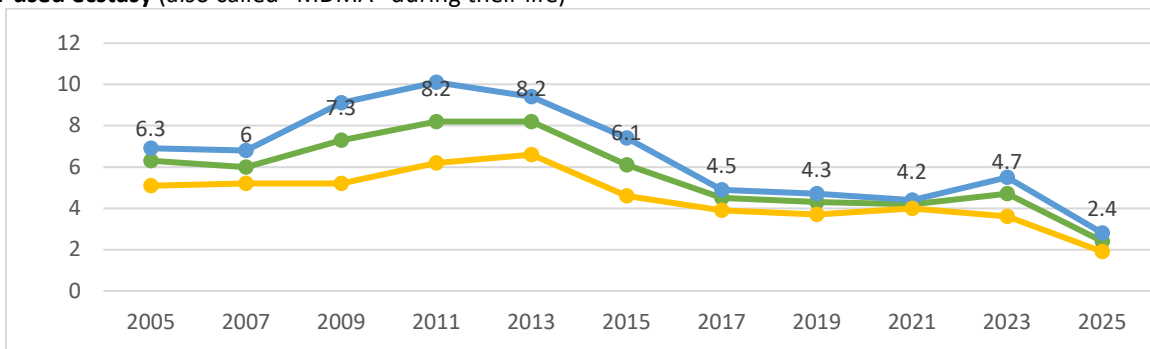
### Ever used heroin (also called "smack," "junk," or "China White" during their life)



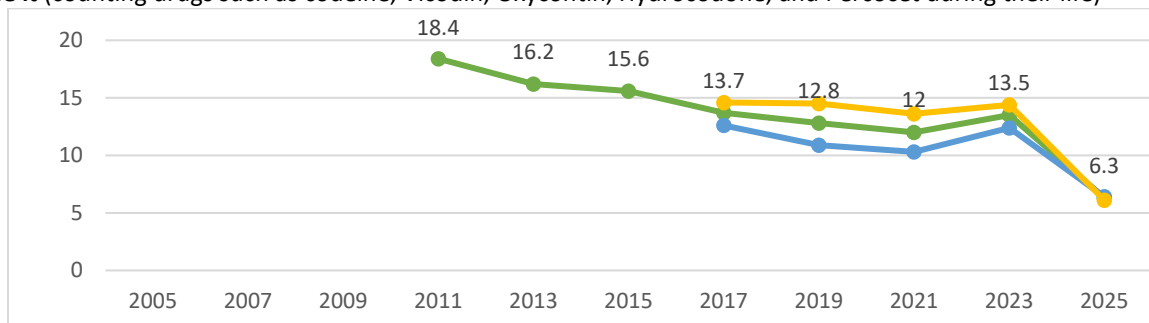
**Ever used methamphetamines** (also called “speed,” “crystal meth,” “crank,” “ice,” or “meth,” during their life)



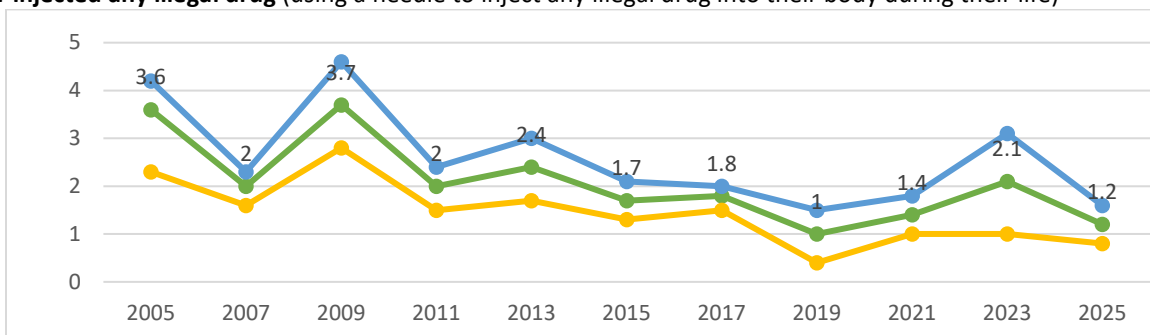
**Ever used ecstasy** (also called “MDMA” during their life)



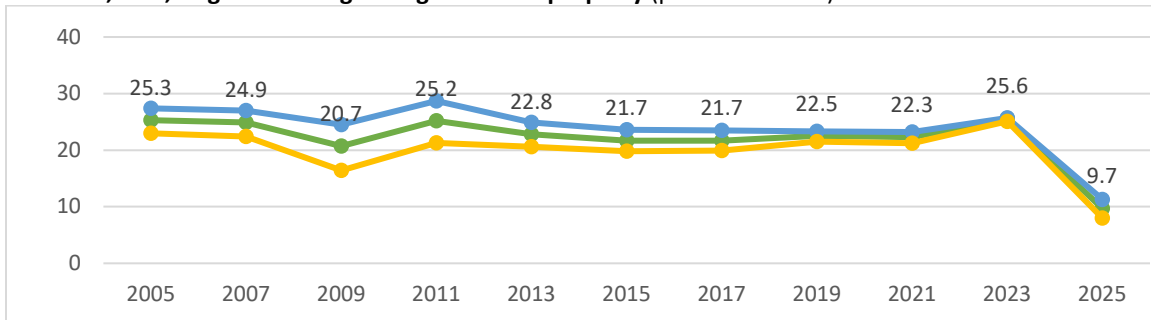
**Ever taken prescription pain medicine without a doctor’s prescription or differently than how a doctor told them to use it** (counting drugs such as codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet during their life)



**Ever injected any illegal drug** (using a needle to inject any illegal drug into their body during their life)



**Were offered, sold, or given an illegal drug on school property (past 12 months)**

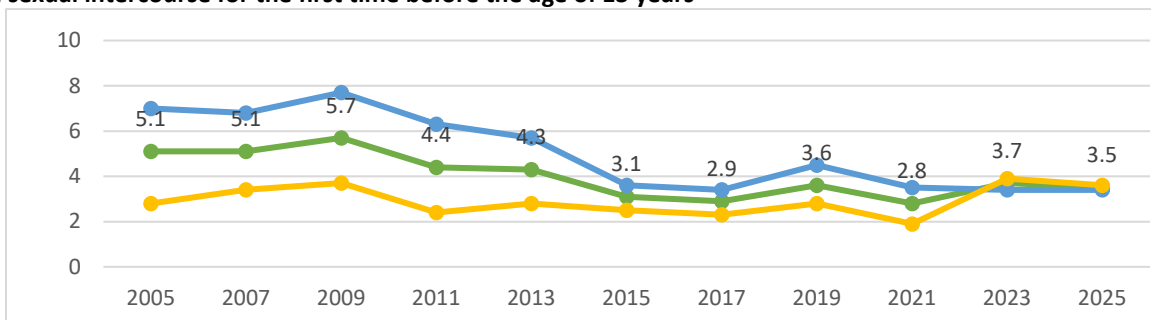


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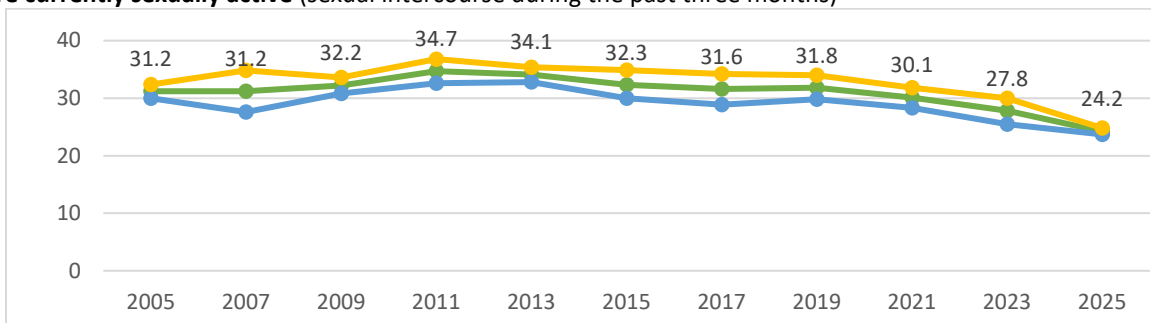
**4. Sexual Behaviors**

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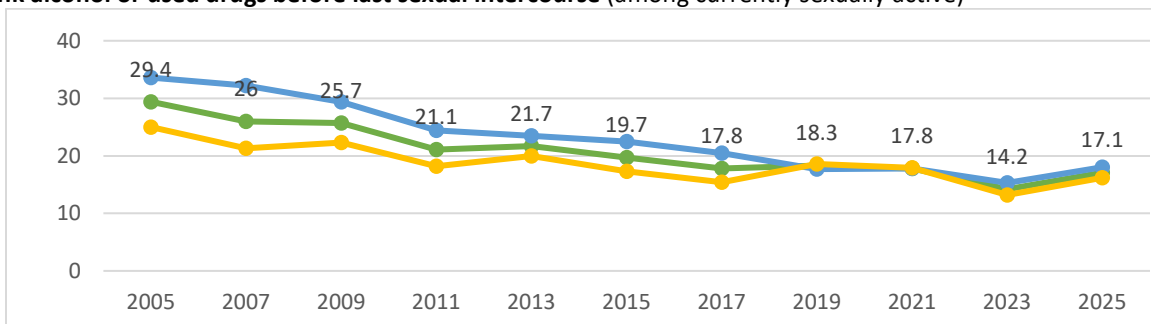
**Had sexual intercourse for the first time before the age of 13 years**



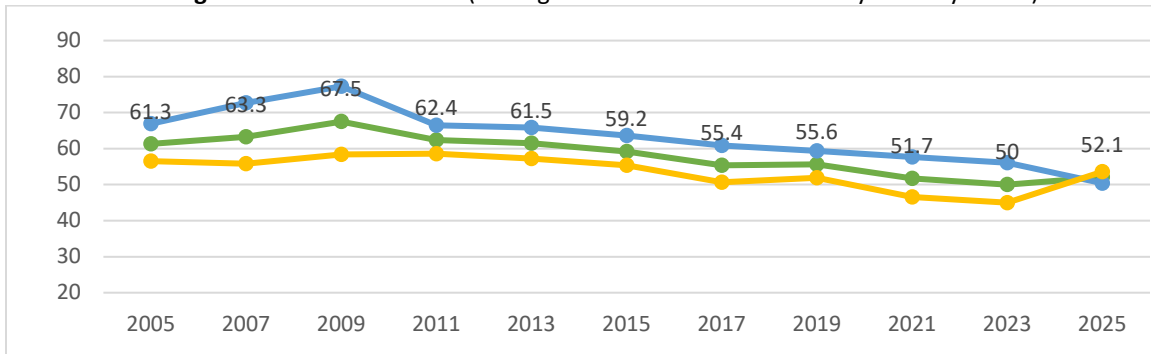
**Were currently sexually active (sexual intercourse during the past three months)**



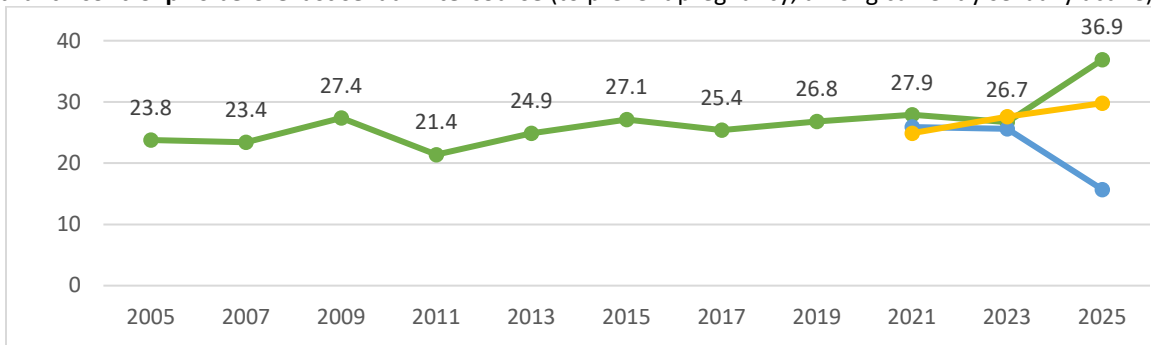
**Drank alcohol or used drugs before last sexual intercourse (among currently sexually active)**



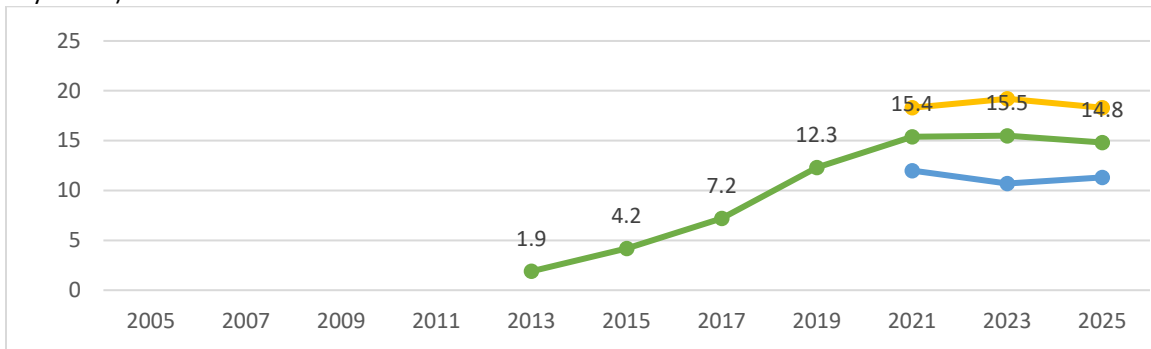
**Used a condom during last sexual intercourse** (among students who were currently sexually active)



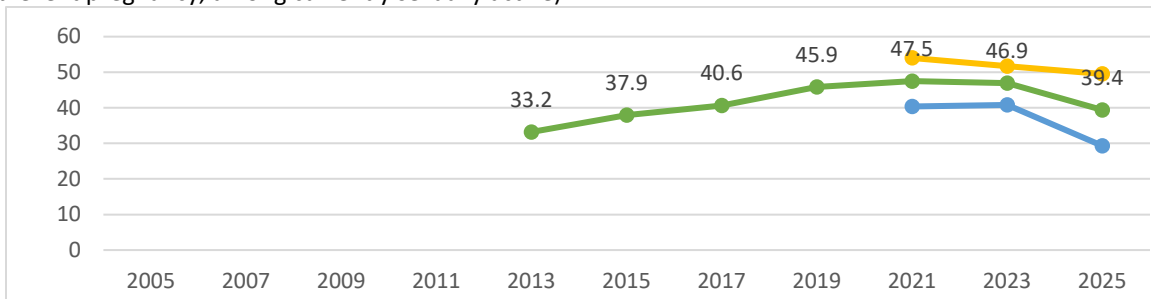
**Used birth control pills before last sexual intercourse** (to prevent pregnancy, among currently sexually active)



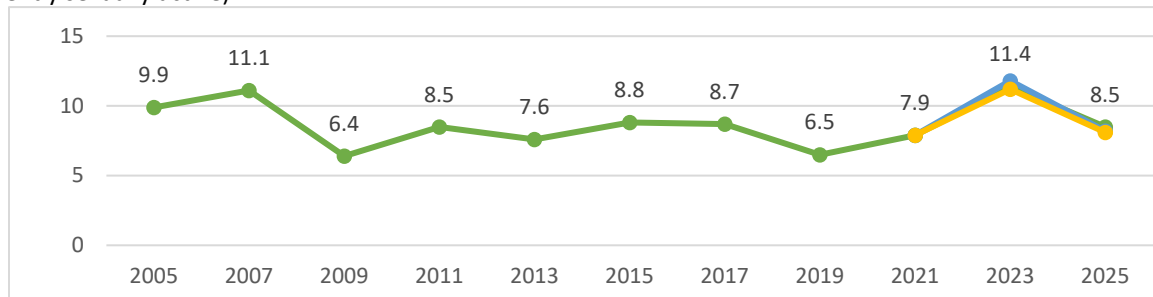
**Used an IUD or implant to prevent pregnancy last sexual intercourse** (among students who were currently sexually active)



**Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse** (to prevent pregnancy, among currently sexually active)

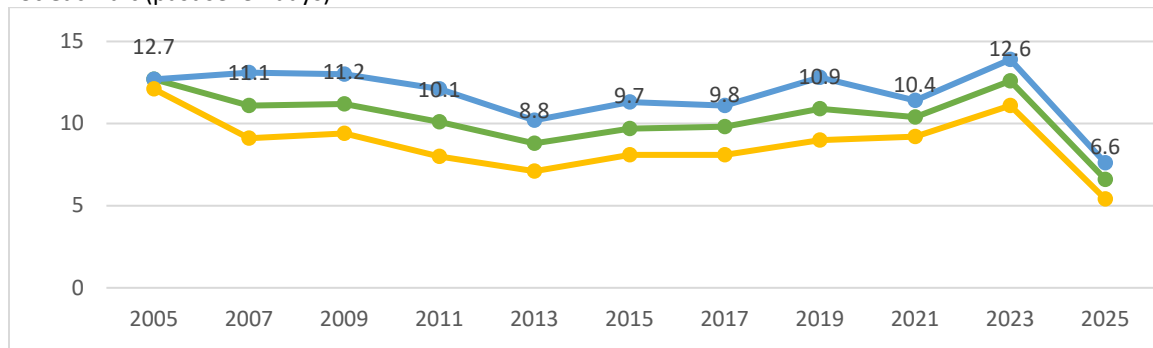


**Did not use any method to prevent pregnancy during last sexual intercourse** (among students who were currently sexually active)

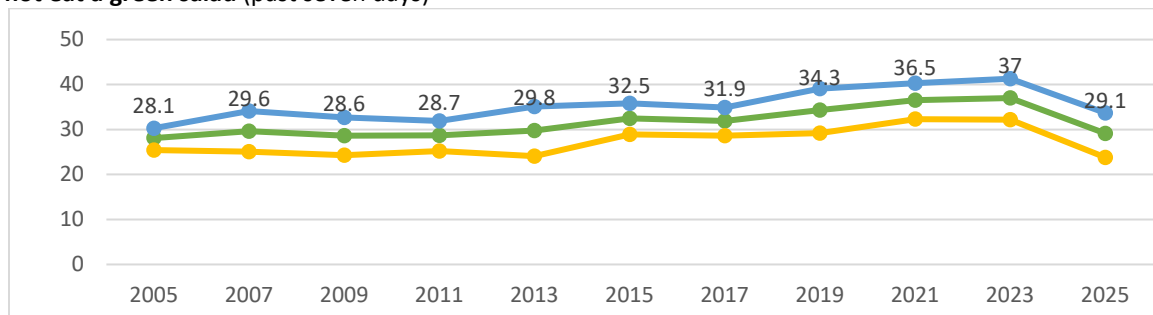


## 5. Nutrition and Dietary Behaviors

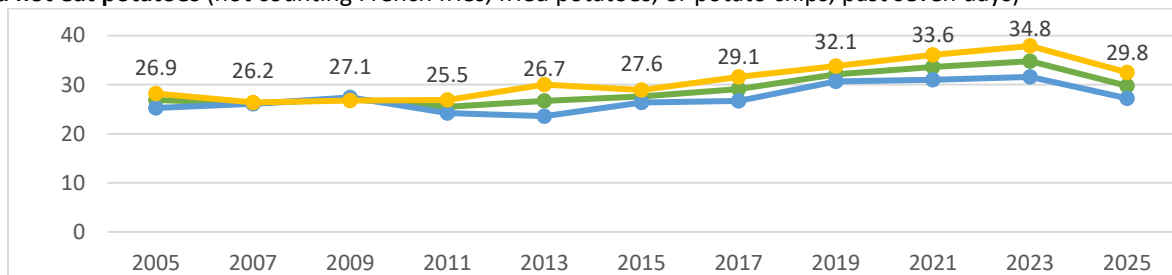
**Did not eat fruit** (past seven days)



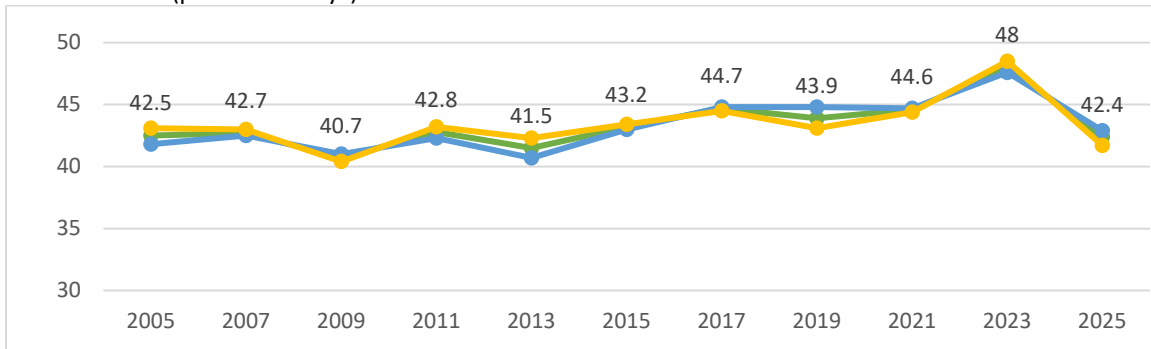
**Did not eat a green salad** (past seven days)



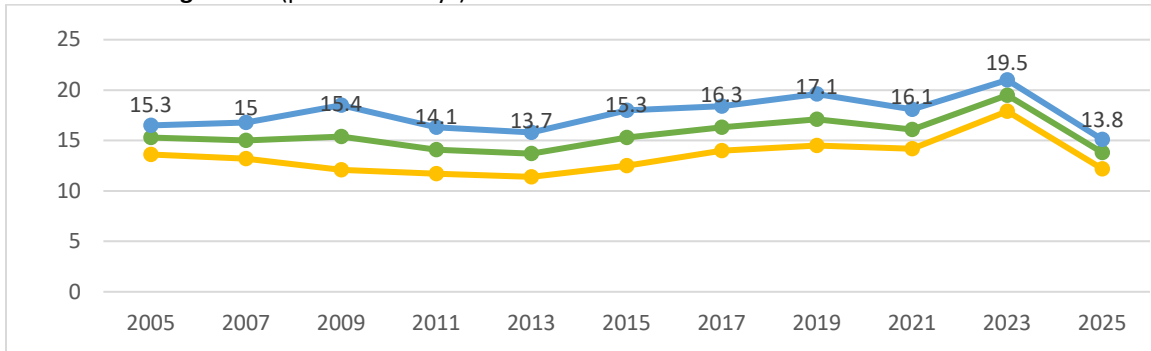
**Did not eat potatoes** (not counting French fries, fried potatoes, or potato chips, past seven days)



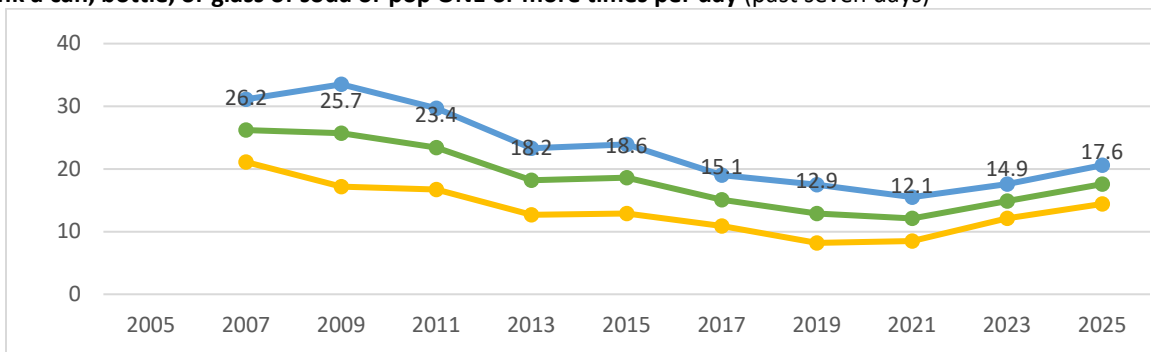
**Did not eat carrots (past seven days)**



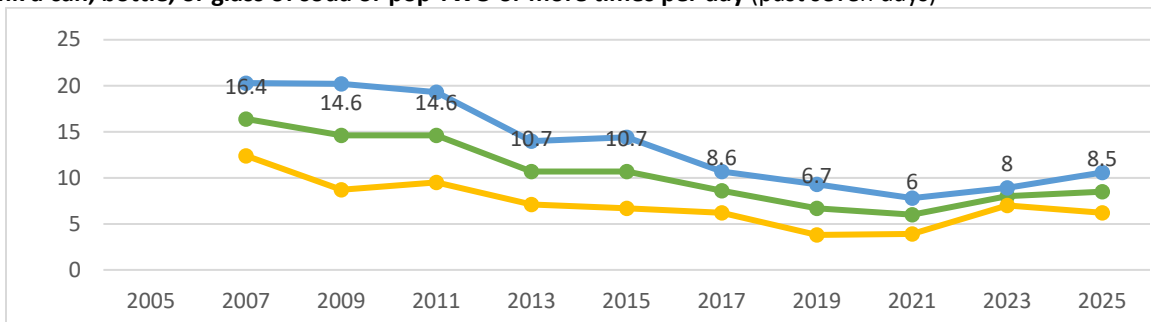
**Did not eat other vegetables (past seven days)**



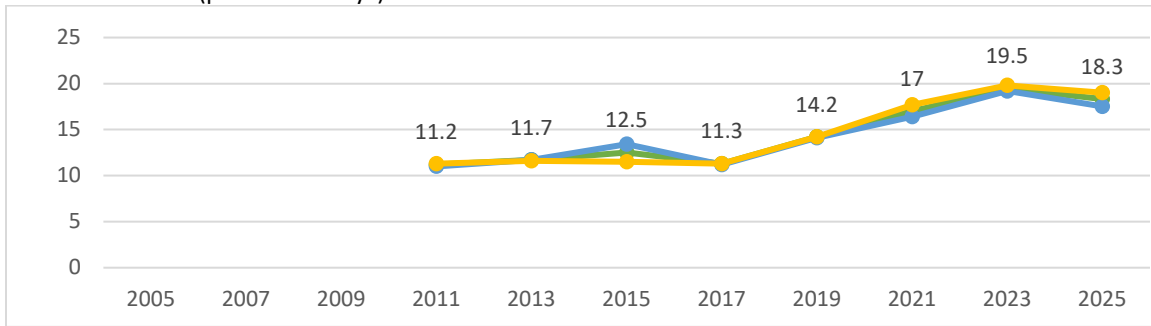
**Drank a can, bottle, or glass of soda or pop ONE or more times per day (past seven days)**



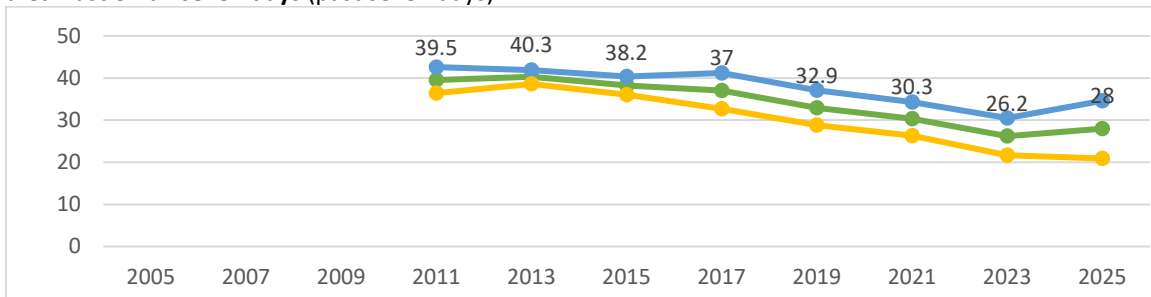
**Drank a can, bottle, or glass of soda or pop TWO or more times per day (past seven days)**



**Did not eat breakfast (past seven days)**

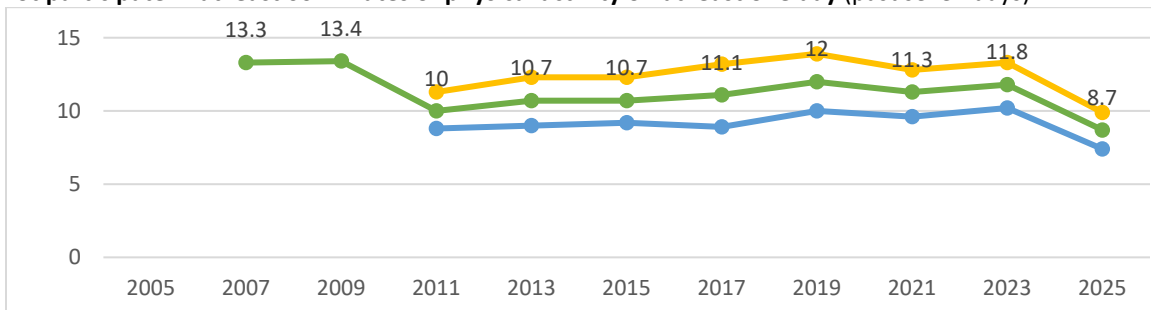


**Ate breakfast on all seven days (past seven days)**

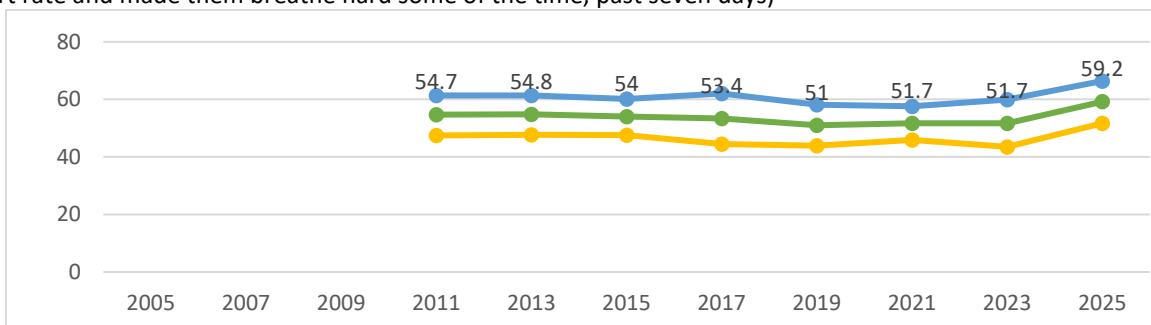


## **6. Physical Activity**

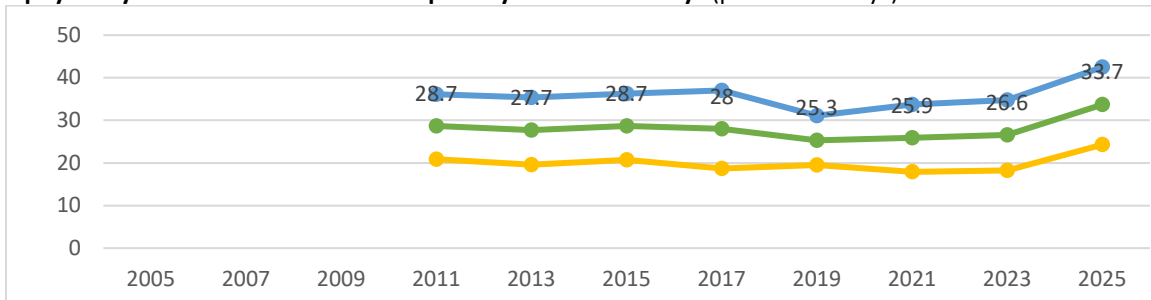
**Did not participate in at least 60 minutes of physical activity on at least one day (past seven days)**



**Were physically active at least 60 minutes per day on five or more days (physical activity that increased their heart rate and made them breathe hard some of the time, past seven days)**



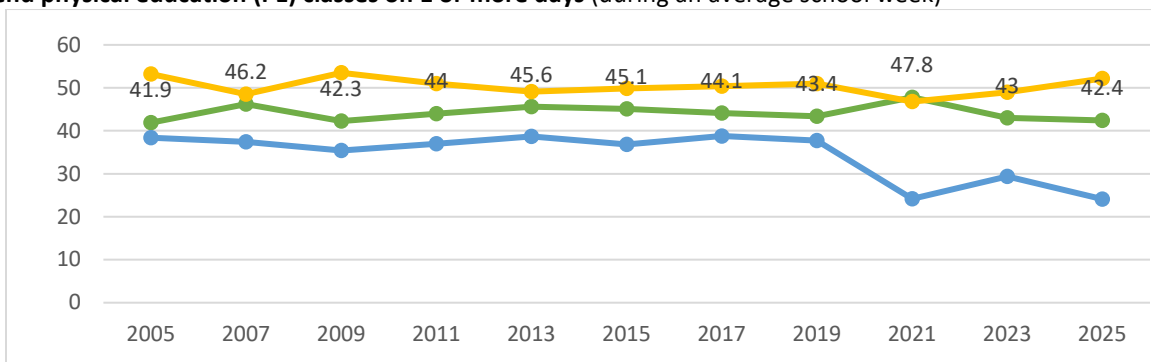
**Were physically active at least 60 minutes per day on all seven days (past seven days)**



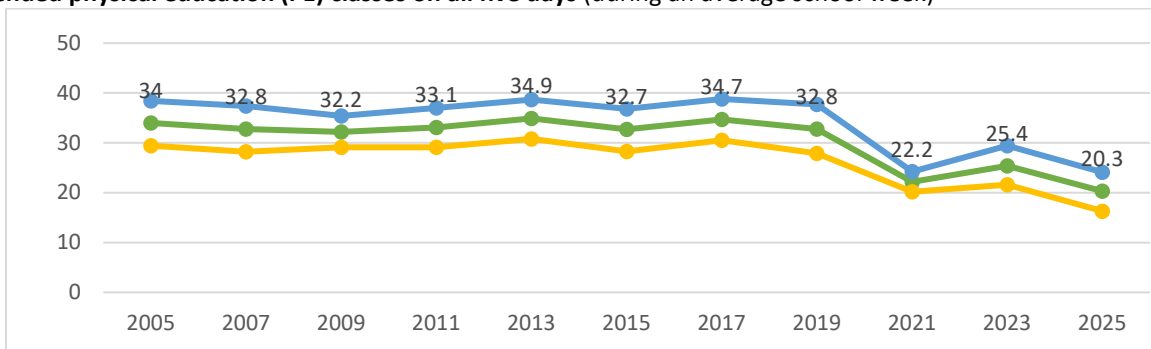
**Used social media, such as Instagram, TikTok, Snapchat or Twitter, one or more times a day**



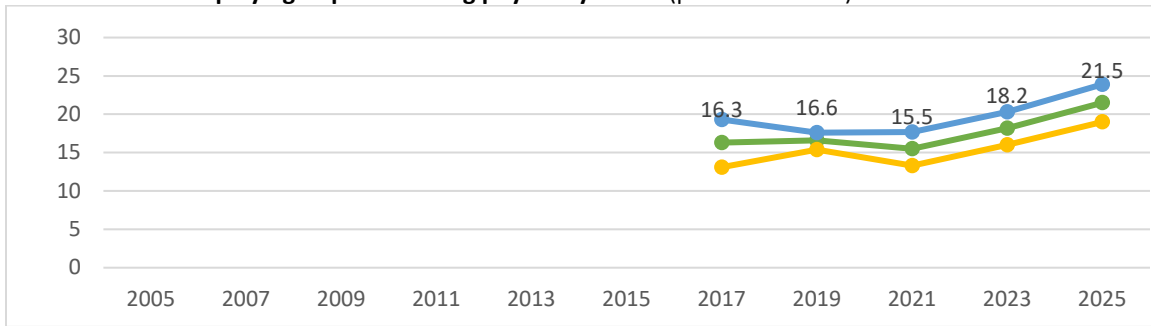
**Attend physical education (PE) classes on 1 or more days (during an average school week)**



**Attended physical education (PE) classes on all five days (during an average school week)**

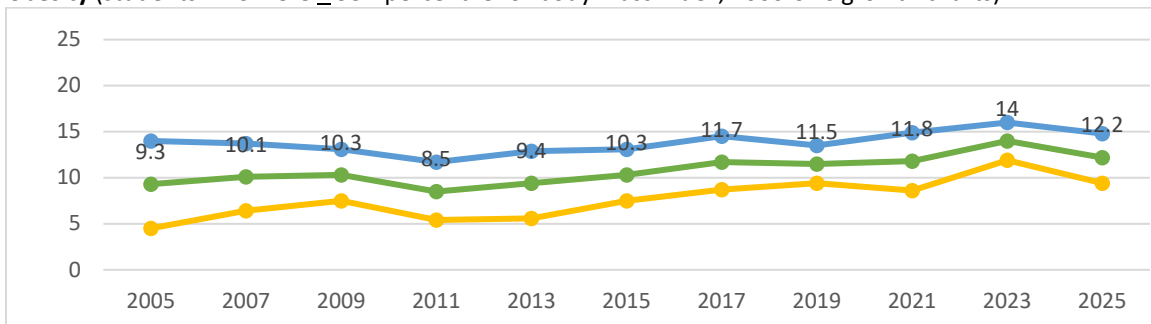


### Had a concussion from playing a sport or being physically active (past 12 months)

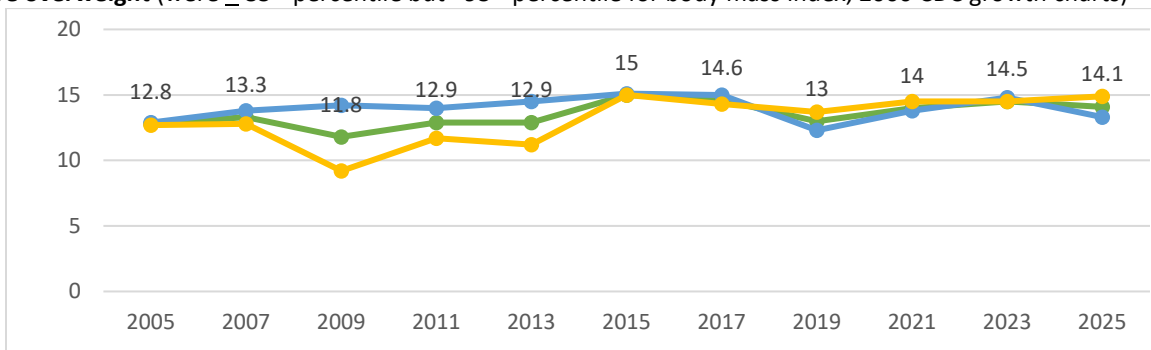


## 7. Obesity, Overweight, and Weight Control

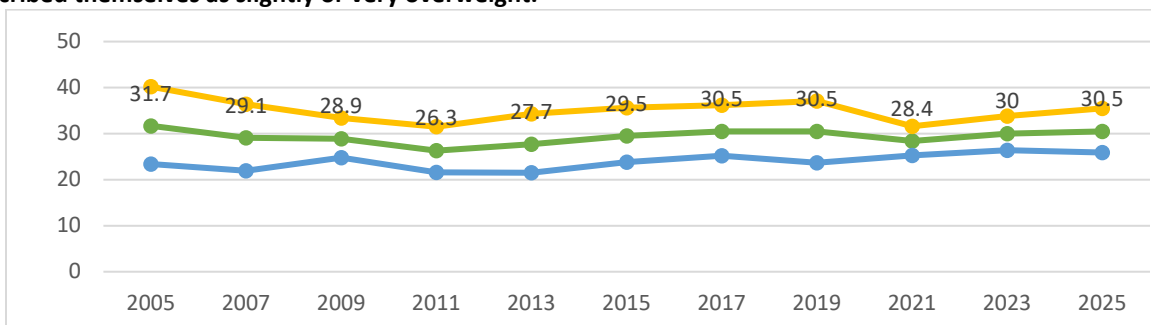
### Had obesity (students who were $\geq 95^{\text{th}}$ percentile for body mass index, 2000 CDC growth charts)



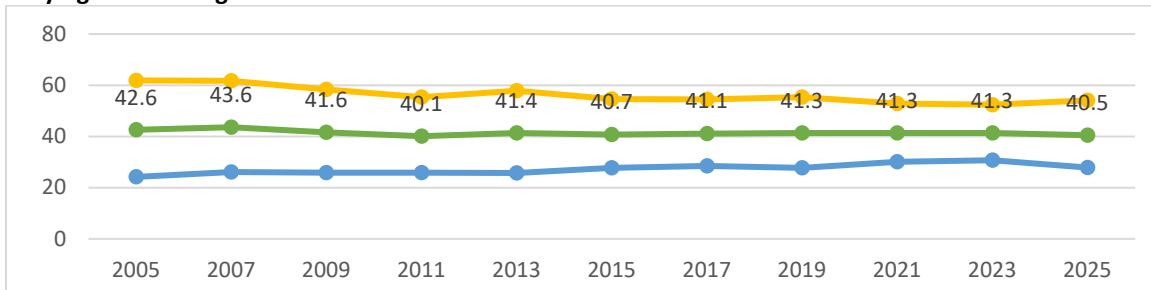
### Were overweight (were $\geq 85^{\text{th}}$ percentile but $<95^{\text{th}}$ percentile for body mass index, 2000 CDC growth charts)



### Described themselves as slightly or very overweight.

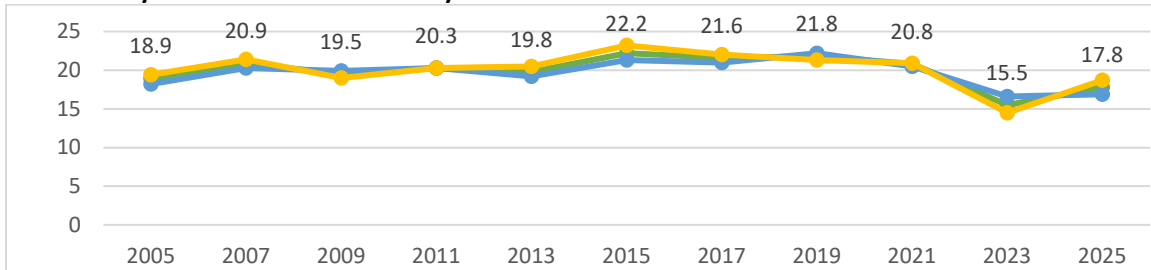


### Were trying to lose weight

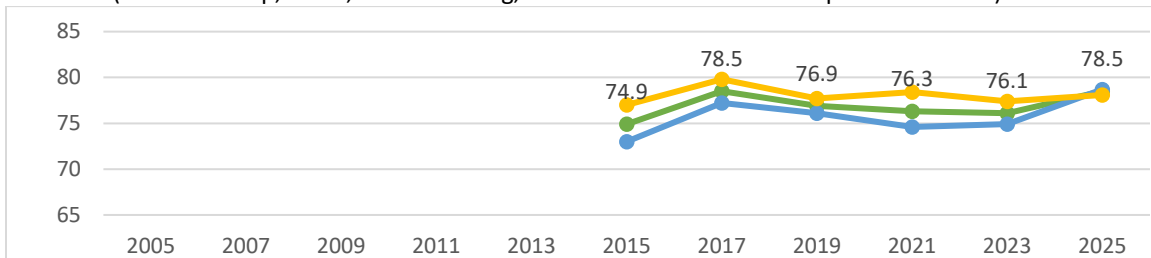


## 8. Other Health Topics

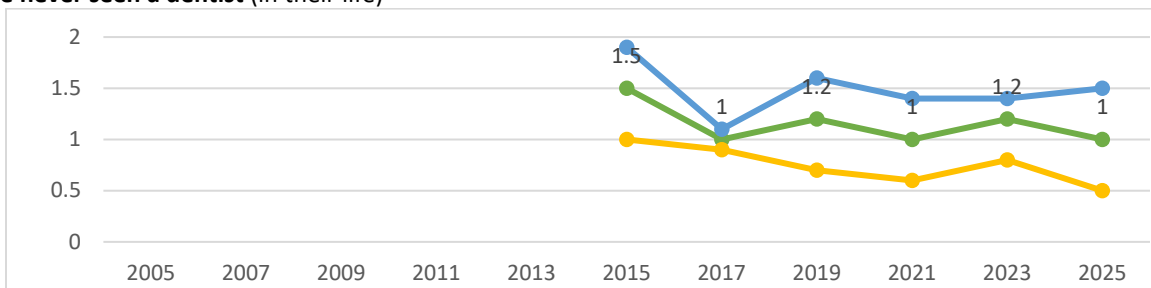
### Ever been told by a doctor or nurse that they had asthma



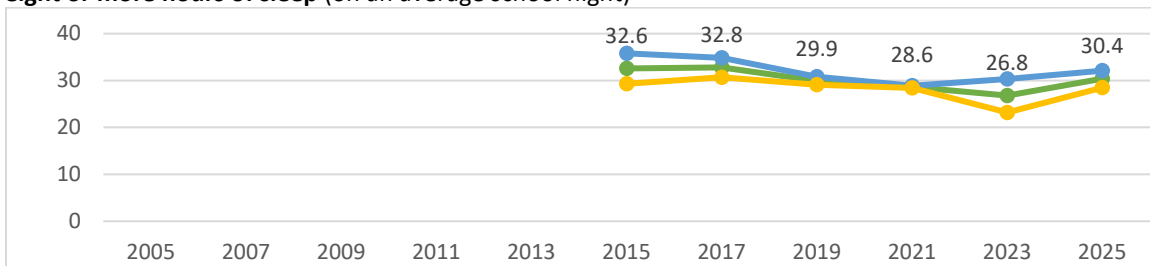
### Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work in the past 12 months)



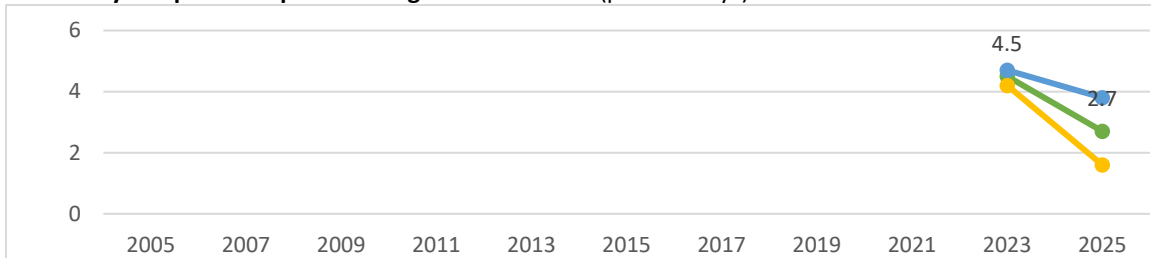
### Have never seen a dentist (in their life)



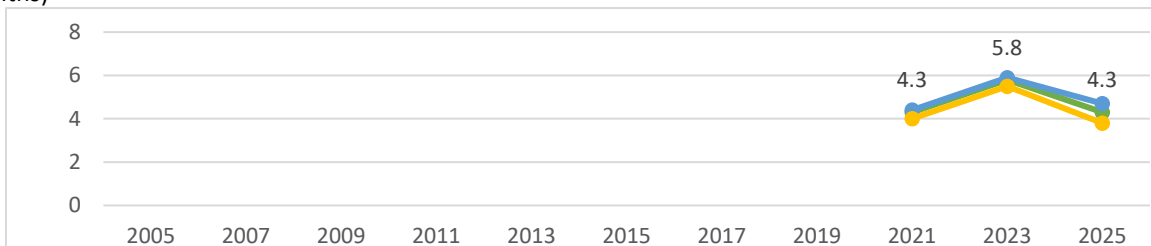
**Got eight or more hours of sleep (on an average school night)**



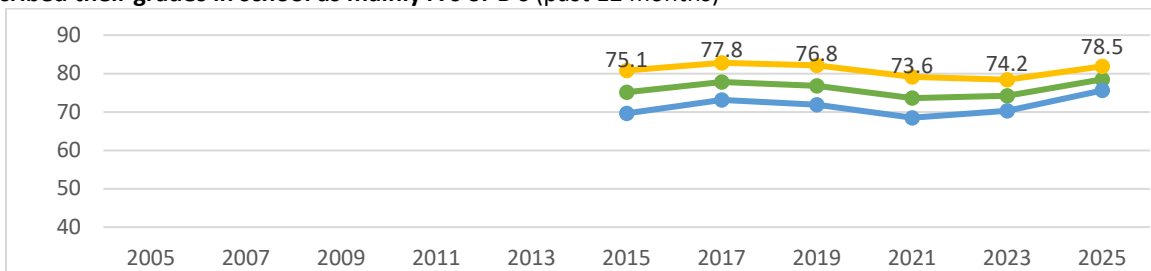
**Did not usually sleep in their parent's or guardian's home (past 30 days)**



**Slept away from parents or guardians because they were kicked out, ran away, or were abandoned (past 12 months)**



**Described their grades in school as mainly A's or B's (past 12 months)**



**Received help from a resource teacher, speech therapist, or other special education teacher (past 12 months)**

